

Drug hypersensitivity: from pathogenesis to correct diagnosis

DIDIER EBO

UZ ANTWERPEN

JAN PALFIJN GENT

Content

- Key messages
- Adverse drug reactions (classification)
- Pathogenesis (Gell and Coombs)
- Clinical presentation
- Diagnostic work-up
- Added value of a WAO COE



<1h
after start
immediate

>6h
of therapy
delayed

Key messages

- *Nomen est omen*
- *Post hoc, ergo propter hoc*
- Different mechanisms >
- Different clinics >
- Different diagnostics &
- Different "therapeutics"

Key messages: correct description!



“RASH”



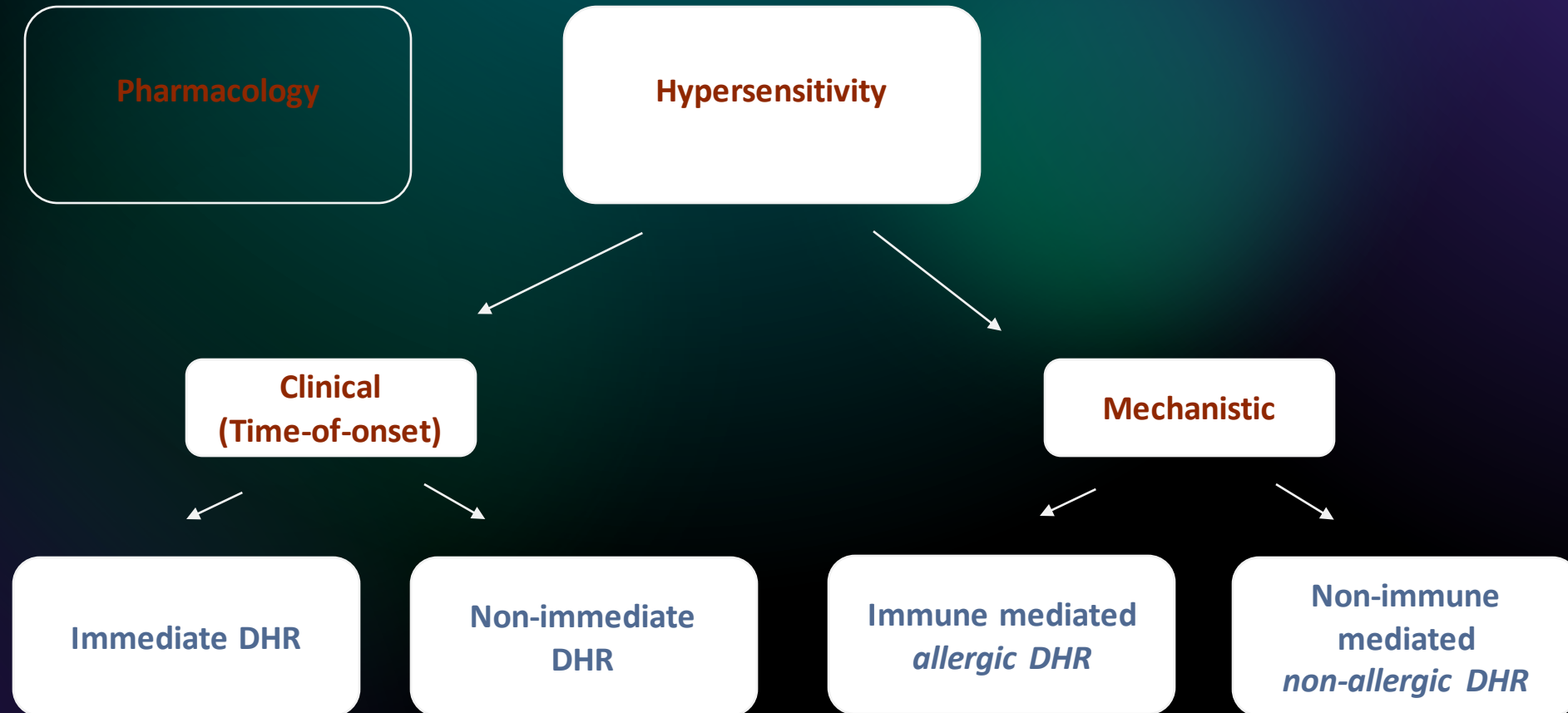
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WAGG
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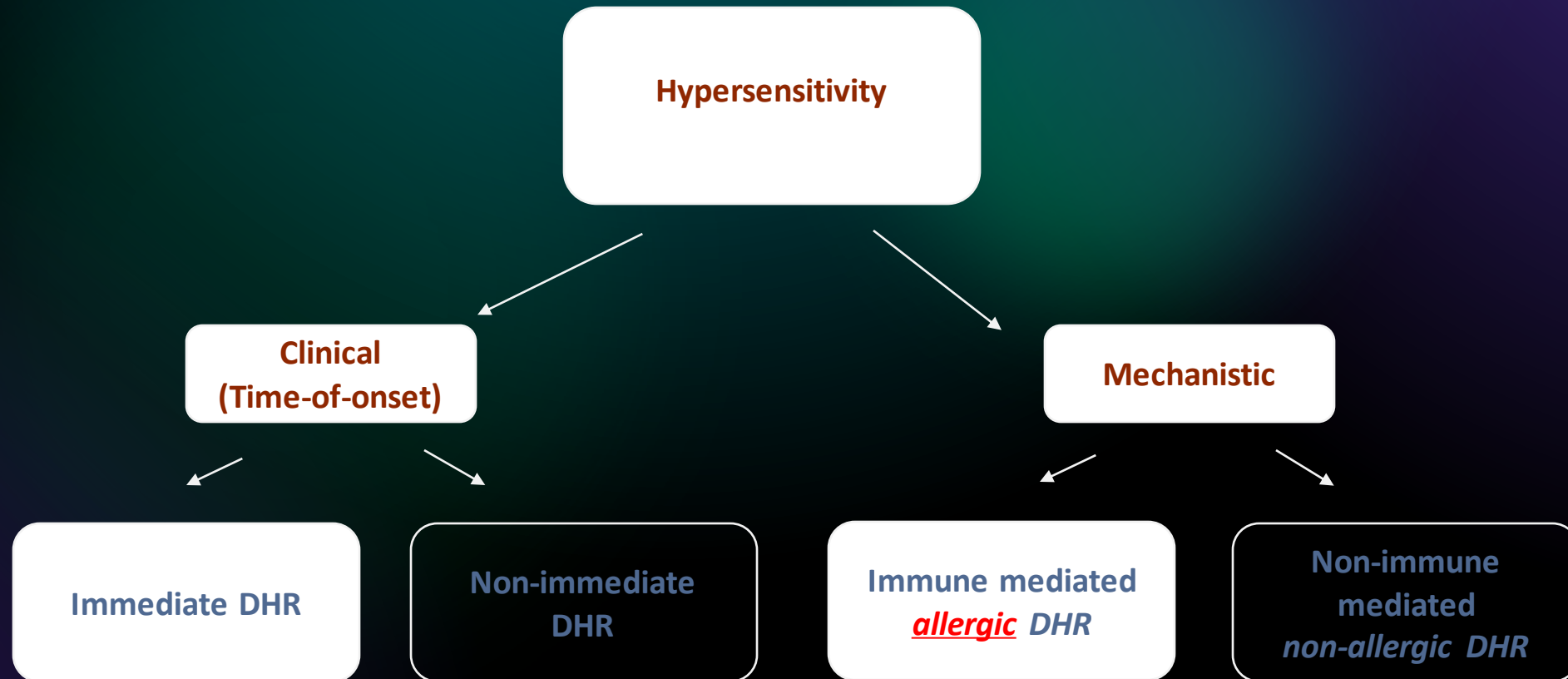
Not all drug hypersensitivity reactions are drug allergies!
(and can therefore be tested)

DHRs: classification



DHR: drug hypersensitivity reactions

IDHRs: mechanisms – MC/(B)

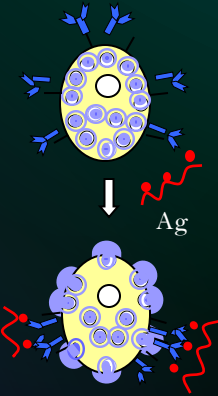
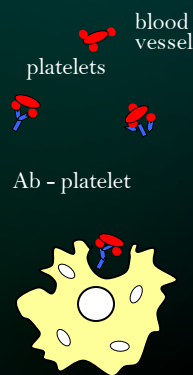
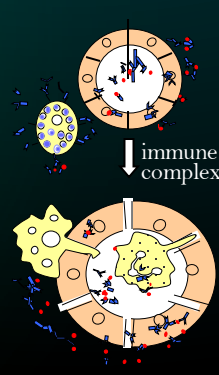
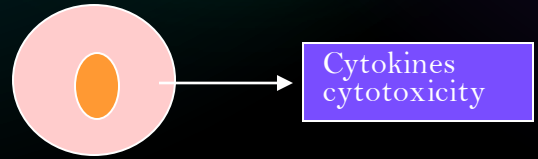


IDHR: immediate drug hypersensitivity reactions

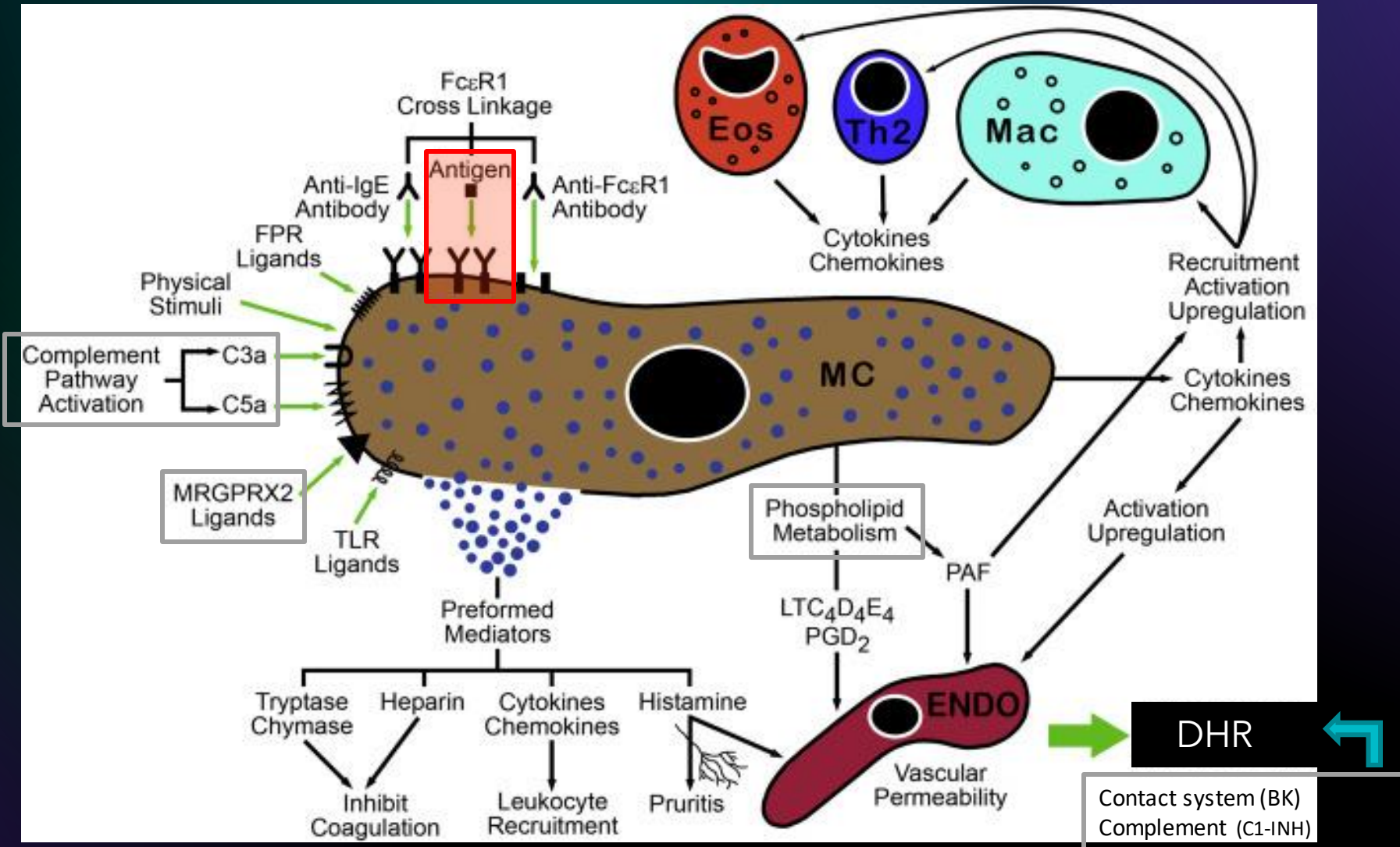
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Drug allergies: classification – I (IgE)

	Type I	Type II	Type III	Type IV
Immune reactant	IgE	IgG	IgG	T cell
Antigen	Soluble antigen	Cell- or matrix-associated antigen	Soluble antigen	MHC-presented antigen
Effector	Mast-cell activation	FcR ⁺ cells (phagocytes, NK cells)	FcR ⁺ cells Complement	T-cells, via cytokines recruitment of monocytes, eosinophils, neutrophils(?)
				
Clinical picture	Urticaria, Angioedema, Bronchospasm, Cardiovascular collapse, Anaphylaxis	Hemolytic anemia, Thrombocytopenia, Petechia	Small-vessel vasculitis, Serum sickness, Arthus reaction	Maculopapular exanthema, DRESS, SJS-TEN, AGEP

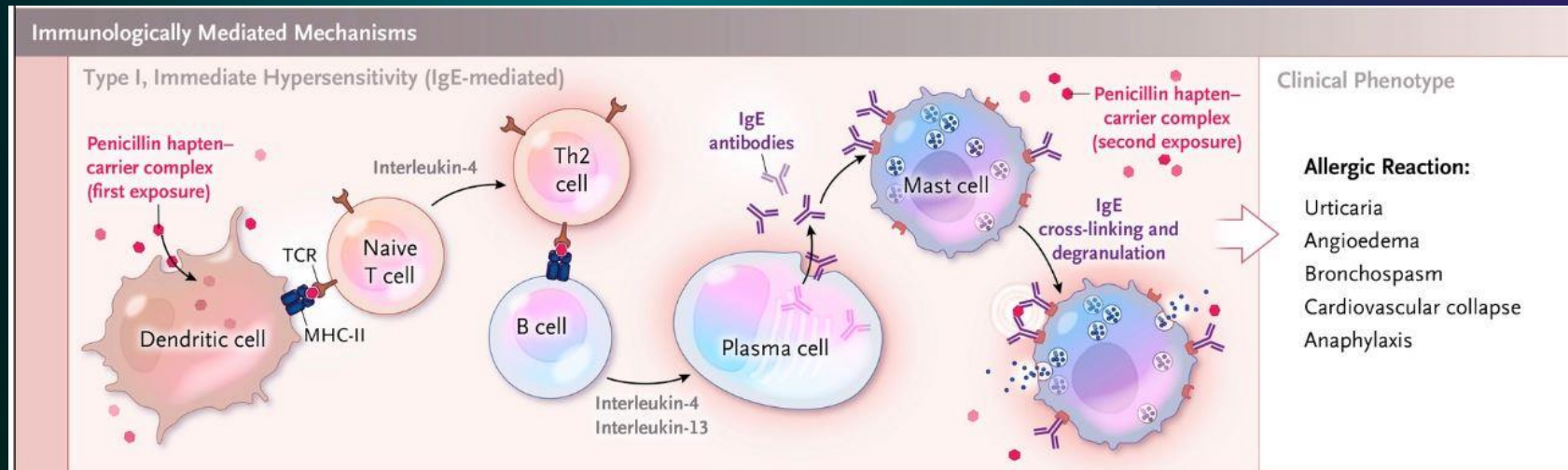
IgE



Huston DP and Sabato V et al. JACIP 2018 (adapted from)

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Phase I: Asymptomatic sensitization

Specific Th2 and B cell activation
(route, source can be obscure – cross-reactivity)

Phase II: Symptomatic elicitation > IDHR

MC and basophil degranulation

Diagnosis: sIgE, skin tests, BAT, pMAT, DPT

sIgE: specific IgE / ratio
BAT: basophil activation test
pMAT: passive mast cell activation test
DPT: drug provocation test



Castells M, NEJM 2019

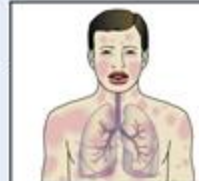


Anaphylaxis is highly likely when any one of the following three criteria is fulfilled:

- 1** Sudden onset of an illness (minutes to several hours), with involvement of the skin, mucosal tissue, or both (e.g. generalized hives, itching or flushing, swollen lips-tongue-uvula)



AND AT LEAST ONE
OF THE FOLLOWING:



Sudden respiratory symptoms
and signs
(e.g. shortness of breath, wheeze,
cough, stridor, hypoxemia)



Sudden reduced BP or
symptoms of end-organ
dysfunction (e.g. hypotonia
[collapse], incontinence)

- OR **2** Two or more of the following that occur suddenly after exposure to a *likely* allergen or other trigger* for that patient (minutes to several hours):



Sudden skin or mucosal
symptoms and signs
(e.g. generalized hives, itch-flush,
swollen lips-tongue-uvula)



Sudden respiratory symptoms
and signs
(e.g. shortness of breath, wheeze,
cough, stridor, hypoxemia)



Sudden reduced BP or
symptoms of end-organ
dysfunction (e.g. hypotonia
[collapse], incontinence)



Sudden gastrointestinal
symptoms (e.g. crampy
abdominal pain, vomiting)

- OR **3** Reduced blood pressure (BP) after exposure to a *known* allergen** for that patient (minutes to several hours):



Infants and children: low systolic BP (age-specific)
or greater than 30% decrease in systolic BP***

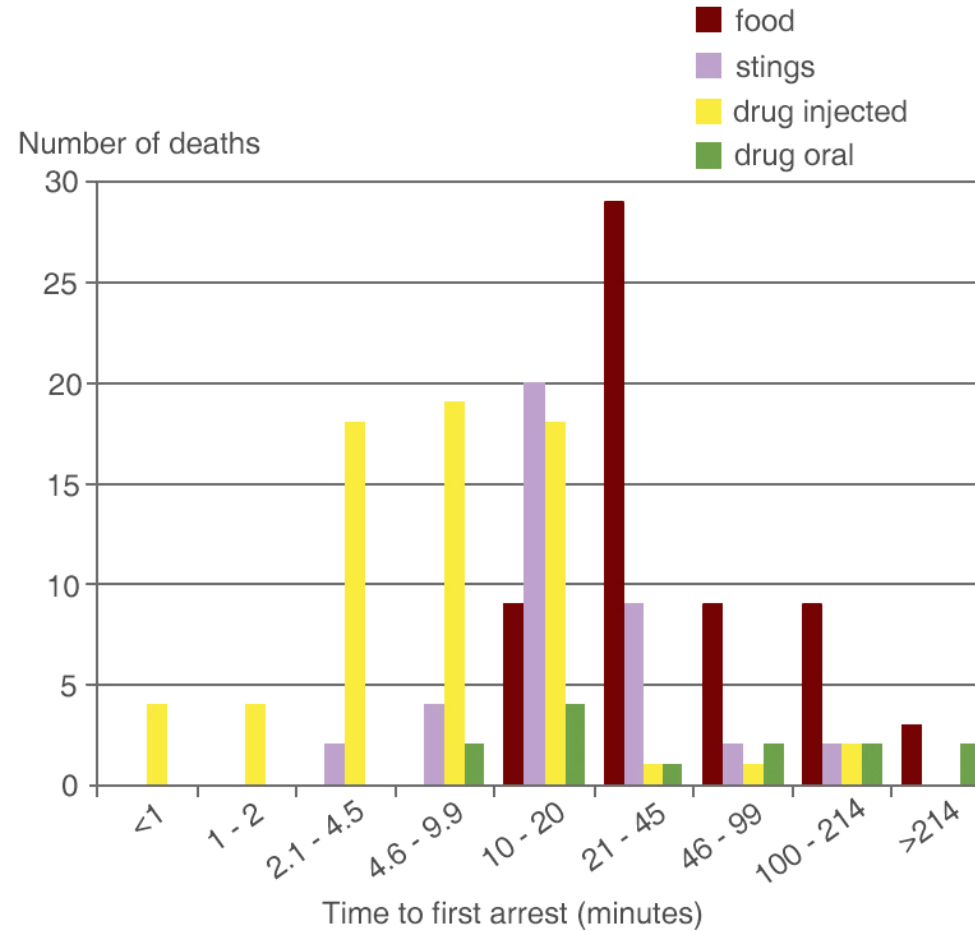


Adults: systolic BP of less than 90 mm Hg or greater
than 30% decrease from that person's baseline

* For example, immunologic but IgE-independent, or non-immunologic (direct mast cell activation)

** For example, after an insect sting, reduced blood pressure might be the only manifestation of anaphylaxis; or, after allergen immunotherapy, generalized hives might be the only initial manifestation of anaphylaxis.

*** Low systolic blood pressure for children is defined as less than 70 mm Hg from 1 month to 1 year, less than $(70 \text{ mm Hg} + [2 \times \text{age in years}])$ from 1 to 10 years, and less than 90 mm Hg from 11 to 17 years. Normal heart rate ranges from 80-140 beats/minute at age 1-2 years; from 80-120 beats/minute at age 3 years; and from 70-115 beats/minute after age 3 years. In infants and children, respiratory compromise is more likely than hypotension or shock, and shock is more likely to be manifest initially by tachycardia than by hypotension.



(Emergency Treatment of Anaphylactic Reactions, Guidelines for healthcare providers, Working Group of the Resuscitation Council UK)

Original Article

Urticaria: The 1-1-1 Criterion for Optimized Risk Stratification in β -Lactam Allergy Delabeling



Vito Sabato, MD, PhD^{a,b,c,*}, Francesco Gaeta, MD, PhD^{d,*}, Rocco Luigi Valluzzi, MD^e, Athina Van Gasse, MD, PhD^a, Didier Gaston Ebo, MD, PhD^{a,b,c}, and Antonino Romano, MD^f *Ghent and Antwerpen, Belgium; and Rome and Troina, Italy*

JACIP 2021;9:3697-704

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REVIEW ARTICLE

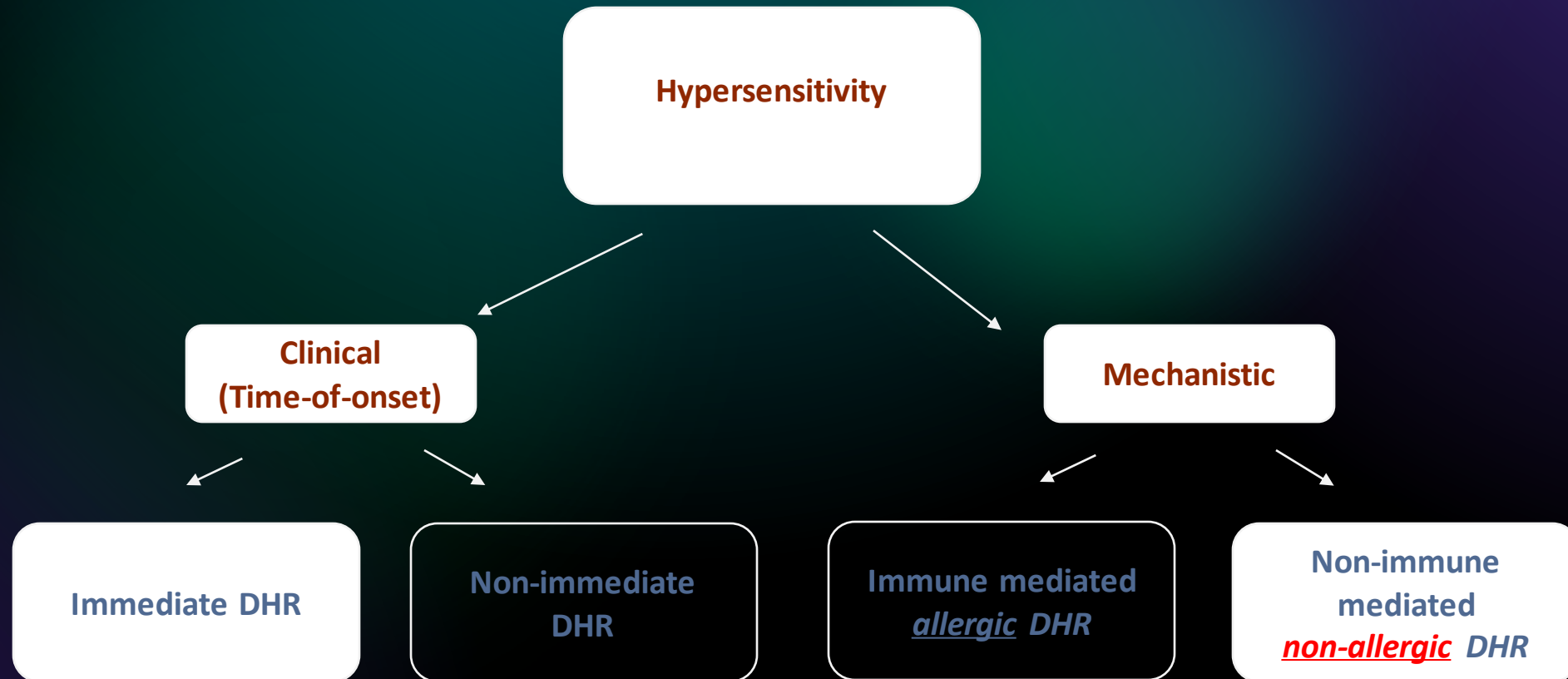
Molecular mechanisms and pathophysiology of perioperative hypersensitivity and anaphylaxis: a narrative review

Didier G. Ebo^{1,*}, Russell C. Clarke², Paul-Michel Mertes³, Peter R. Platt², Vito Sabato¹ and Paul H. M. Sadleir^{2,4}

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IDHRs: mechanisms-MC-non-IgE

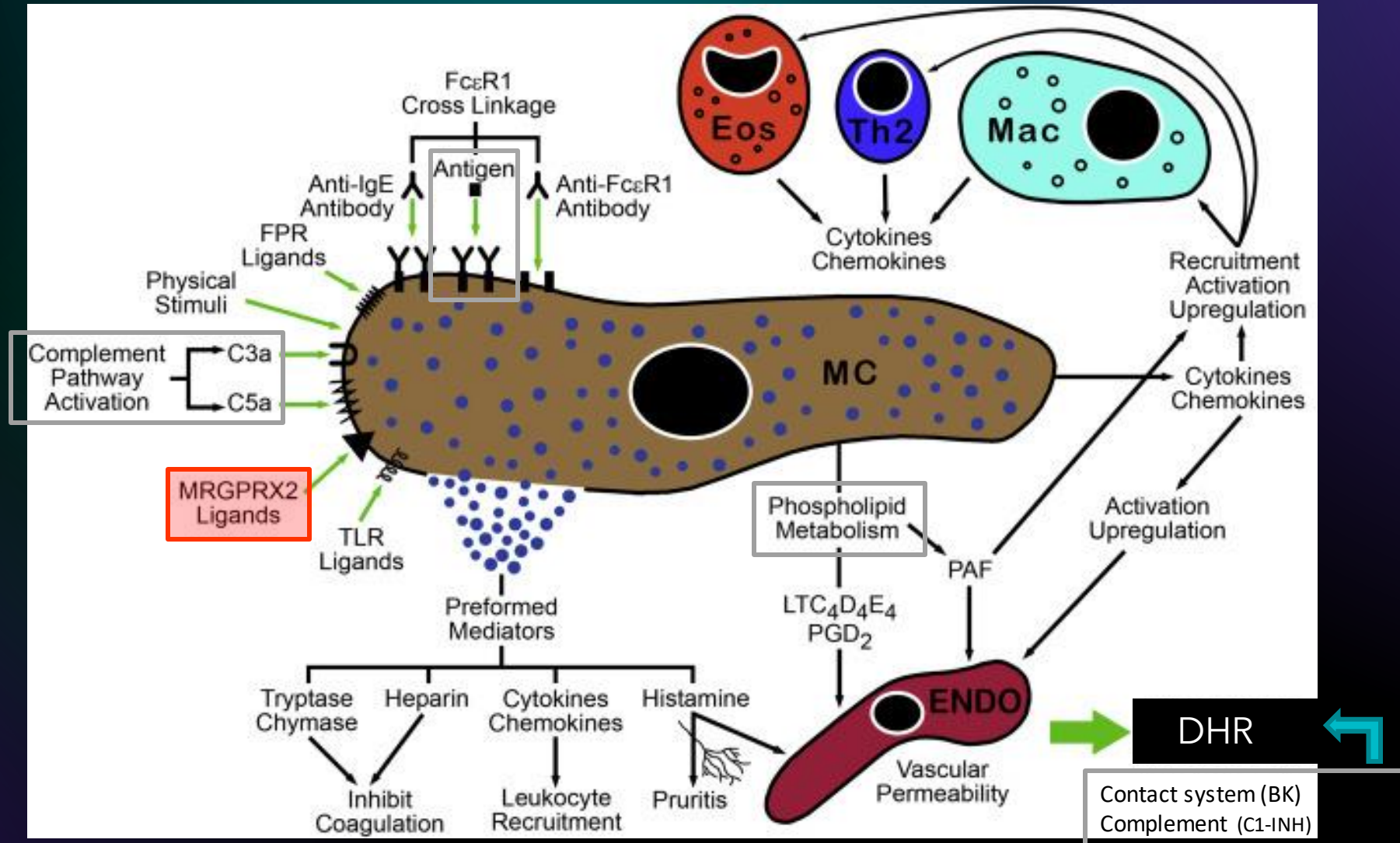


IDHR: immediate drug hypersensitivity reactions

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MRGPRX₂



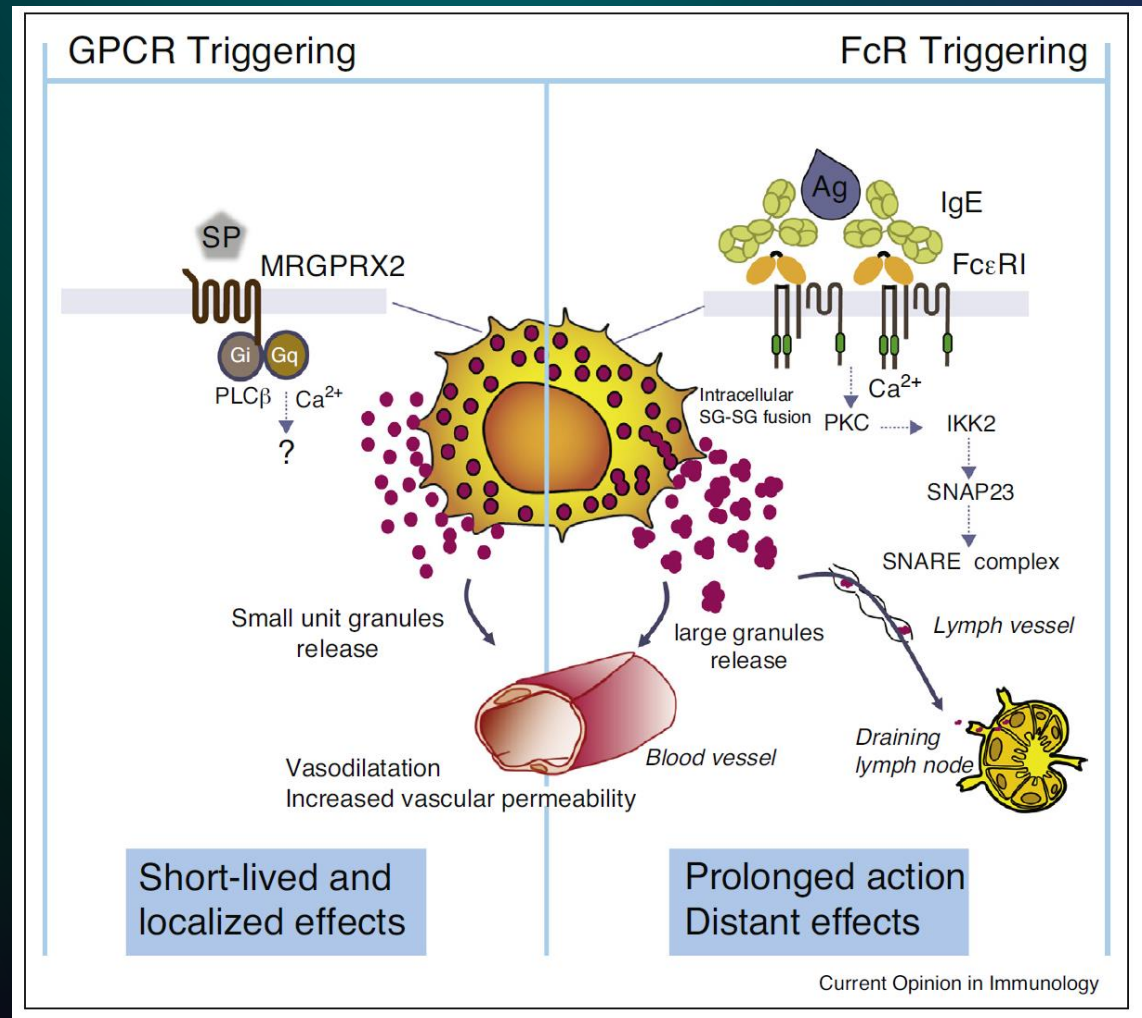
Huston DP and Sabato V et al. JACIP 2018 (adapted from)

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MRGPRX₂

Not antigen specific (anybody, nature)
 “kiss and run”
 Rapid – transient (<5-30 min)
 Local
 <<< inflammatory mediators



Antigen specific (antibody, nurture)
 Compound exocytosis
 “Delayed” – sustained (5-30-60 min)
 Local – regional – systemic (granule trafficking)
 Inflammatory mediators

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IgE *vs.* MRGPRX2

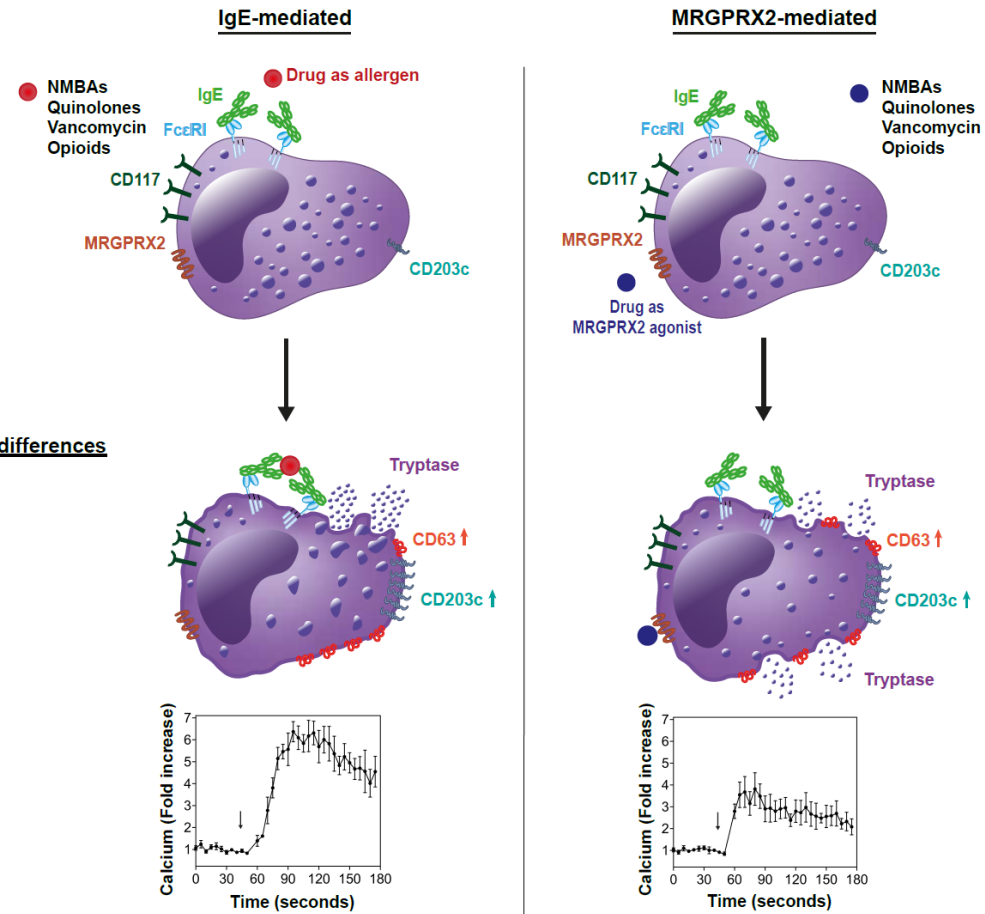
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Mechanistical differences

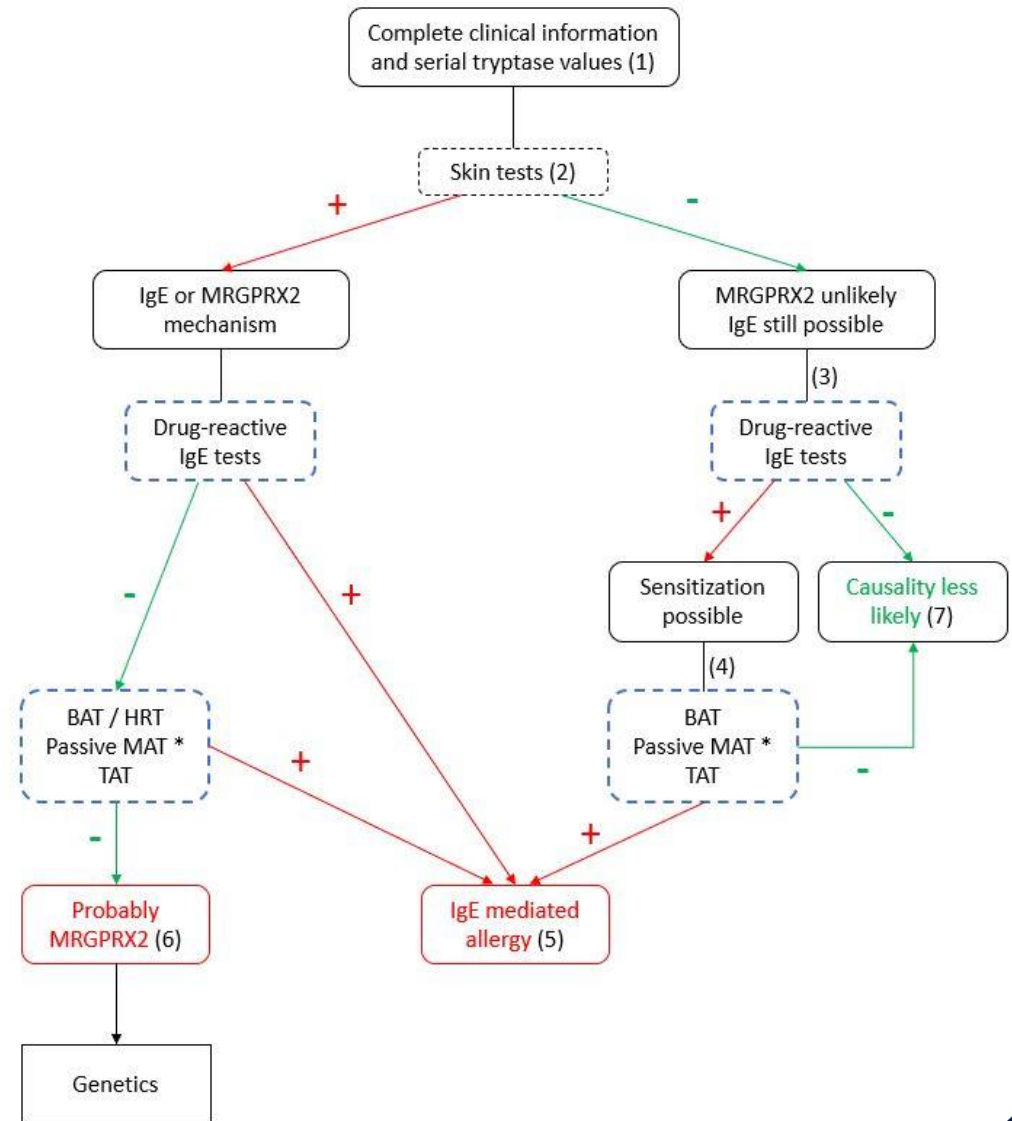


Clinical differences and similarities

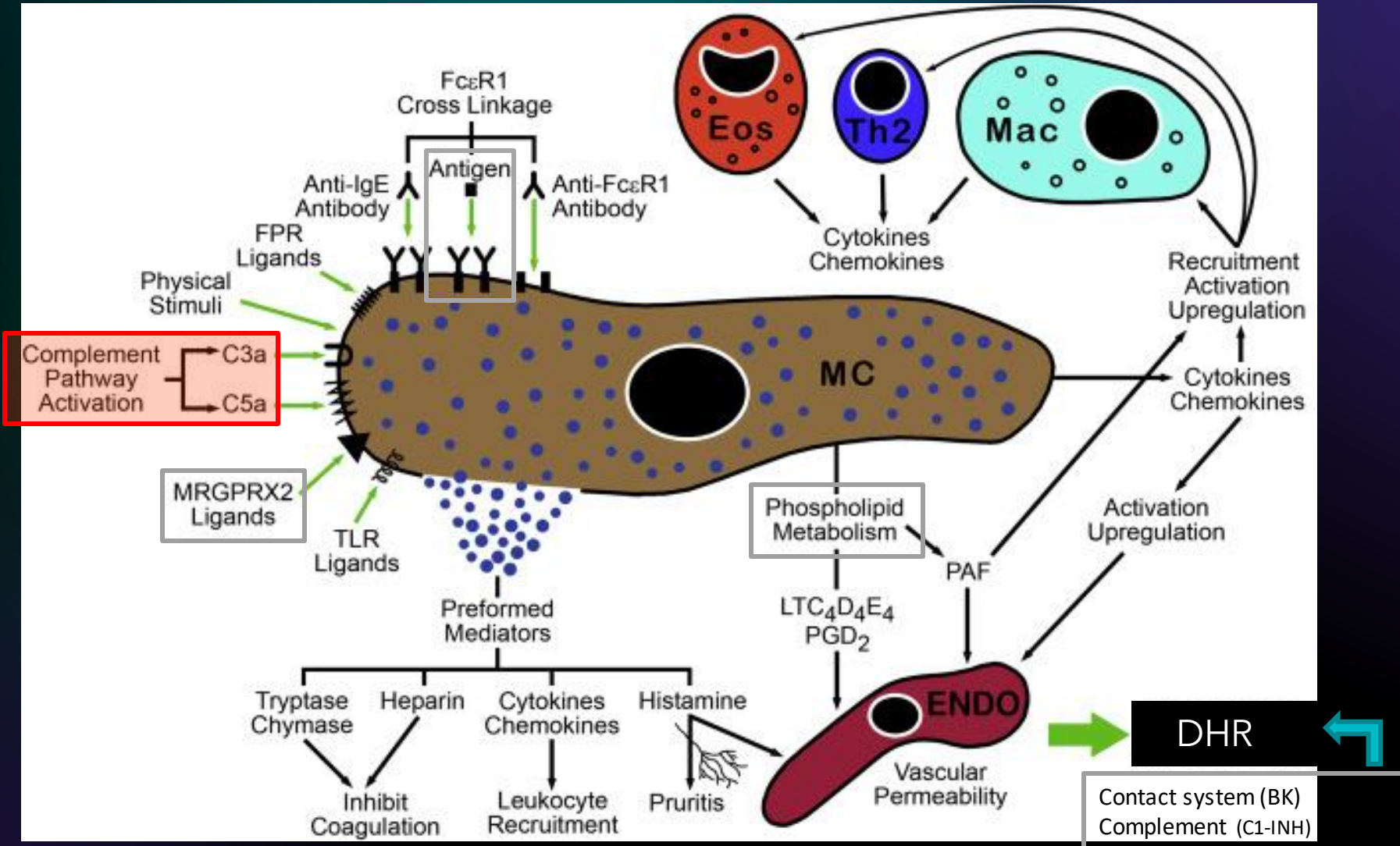
Clinics	Entire IDHR spectrum	Entire IDHR spectrum cutaneous symptoms invariably present
Prior exposure	Required *	Not required
Affinity (EC50)	High	Low
Dose	Low	High
Comorbidity/cofactor	Not essential	Mandatory?
Genetics	Not essential	MRGPRX2 polymorphisms
Biomarkers	Tryptase	Tryptase
Cross-reactivity	Structure related	THIQ and beyond
Diagnostics/ Mechanistic studies	Skin tests, sIgE, BAT, pMAT**, TAT	Skin tests, cBAT, MAT
Desensitization	Possible	Questionable

IgE *vs.* MRGPRX₂ algorithm

- Same clinics, tryptase
- “Other diagnostics”
- Other management
 - “cross-reactivity”
 - re-administration
 - desensitization

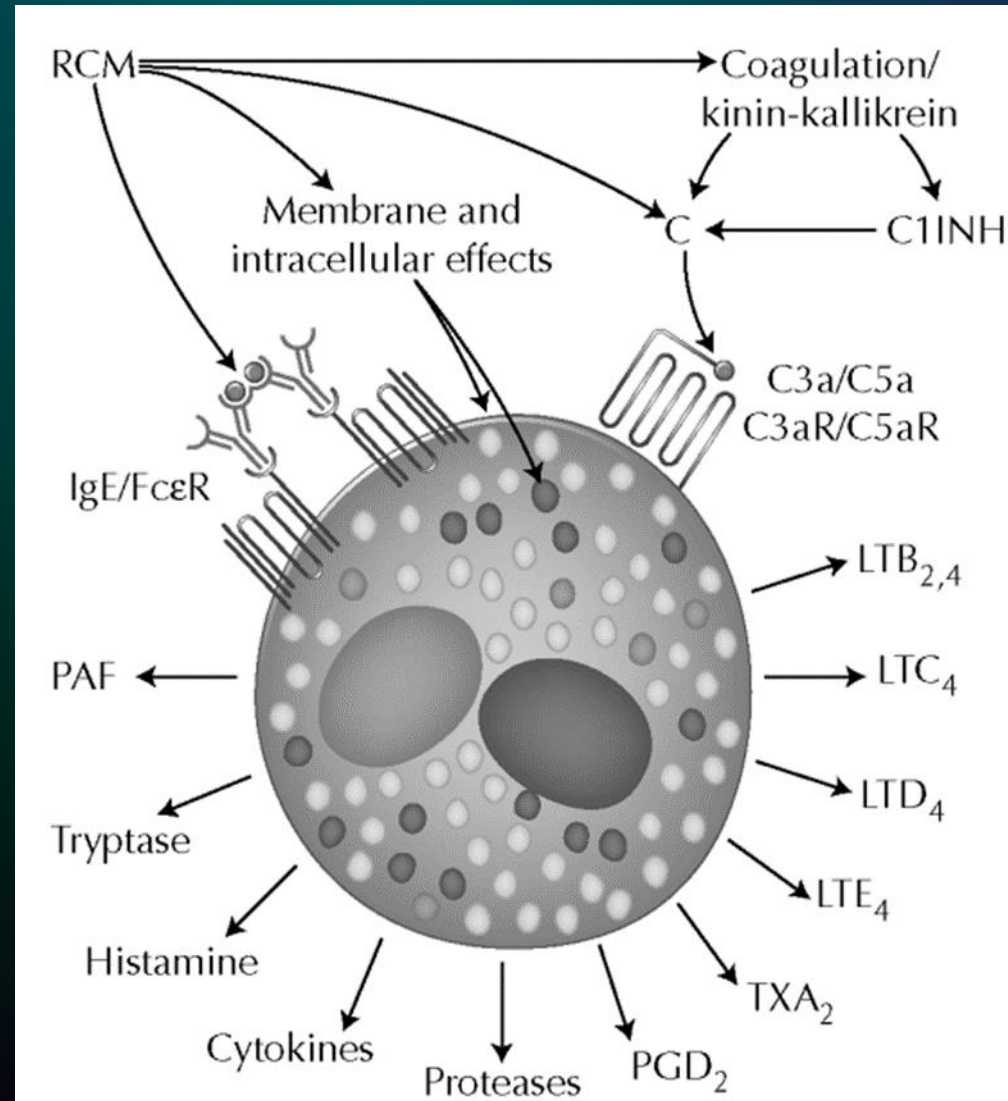


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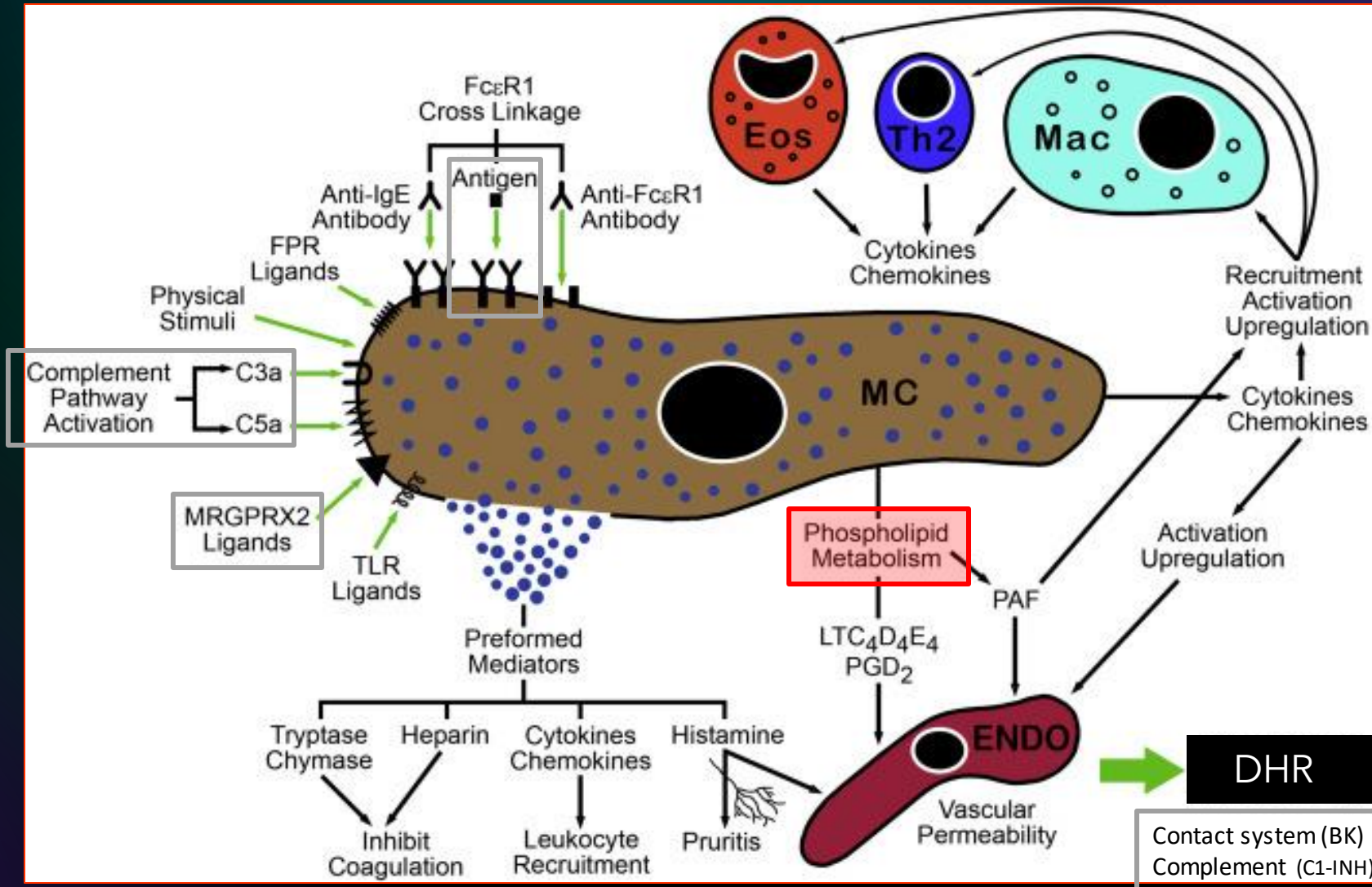


Huston DP and Sabato V et al. JACIP 2018 (adapted from)

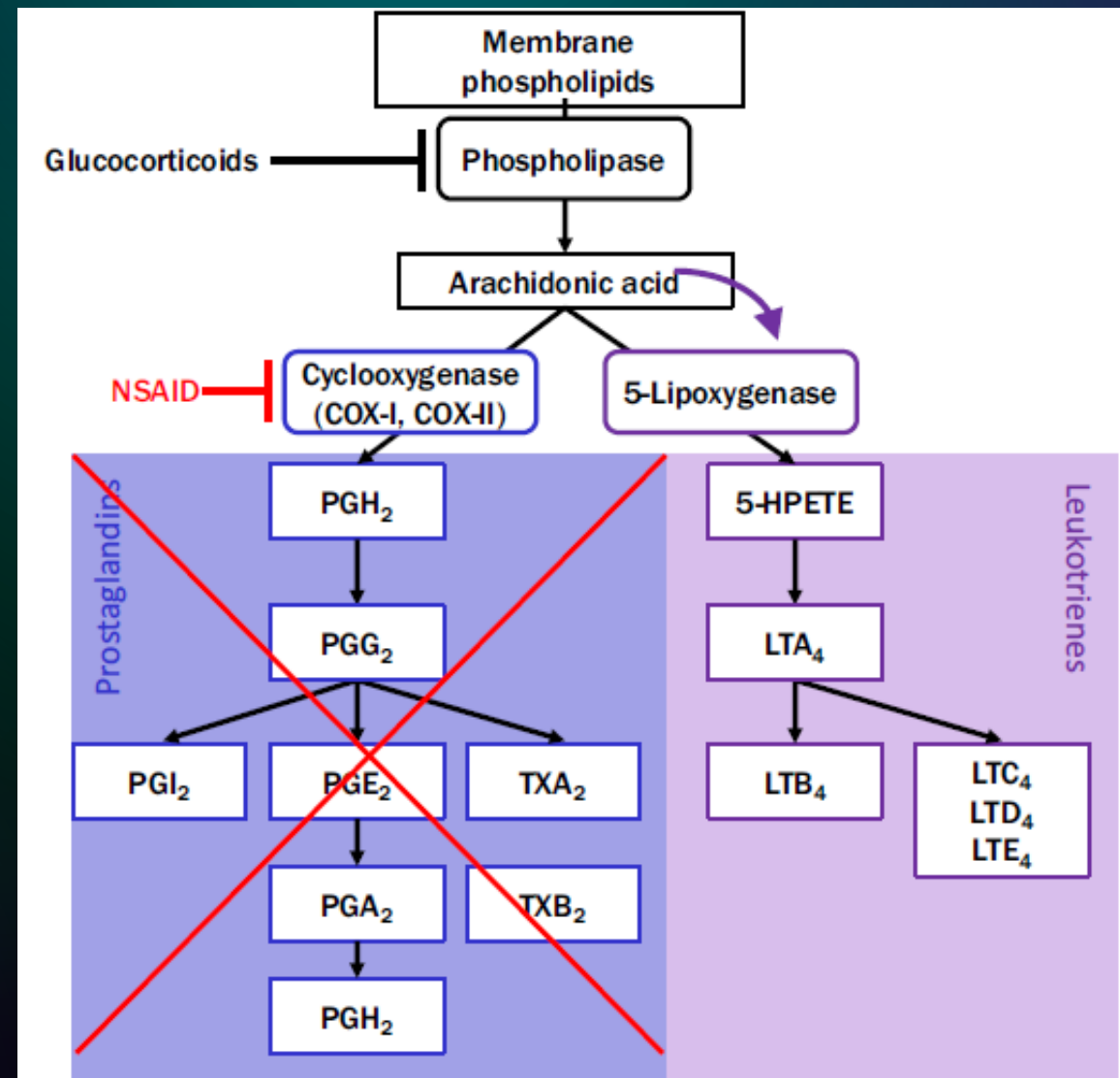
Skin tests
BAT
Provocation tests



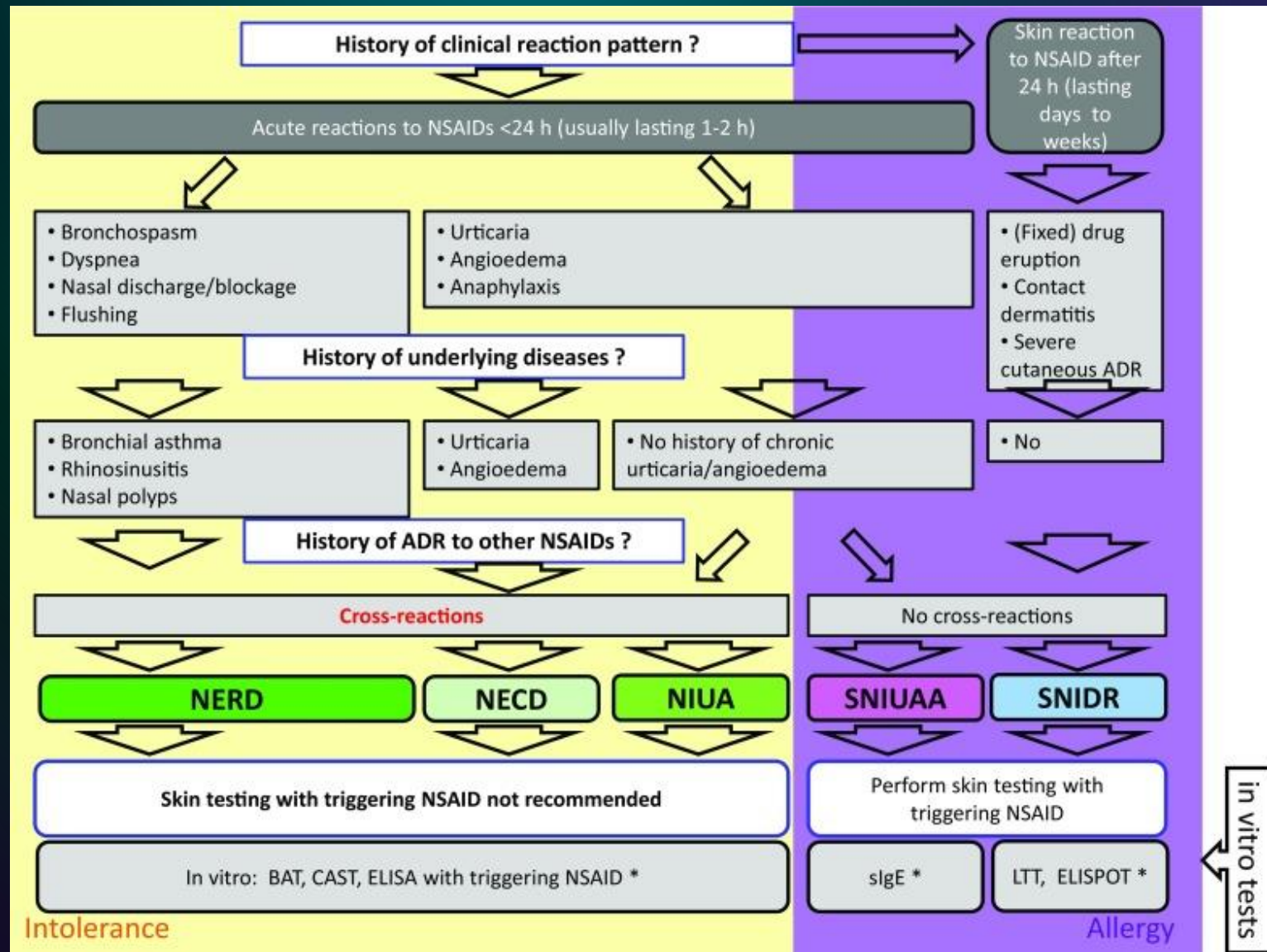
Cox-1/2



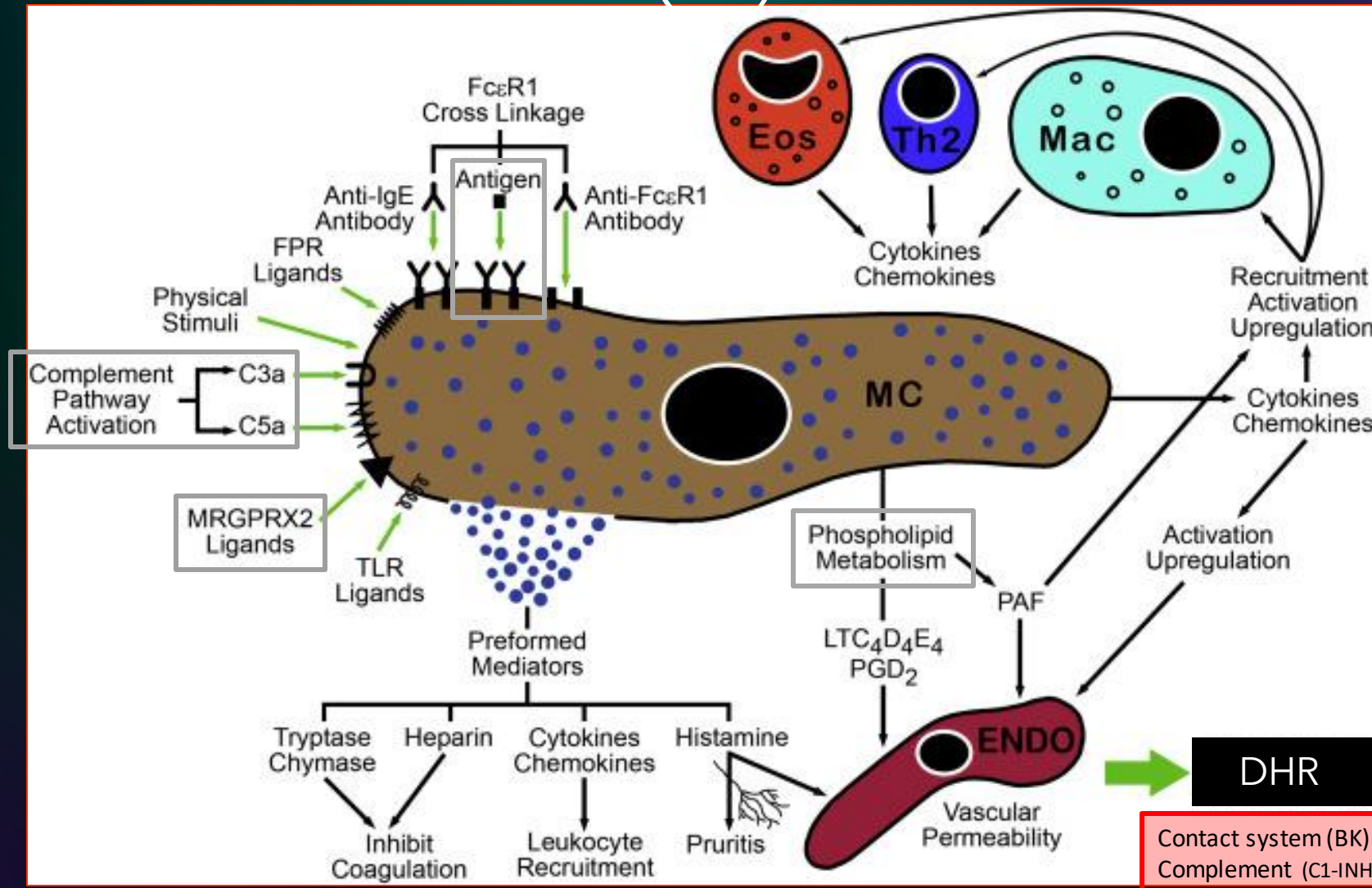
Huston DP and Sabato V et al. JACIP 2018 (adapted from)



Provocation



IDHR – non-MC(B)

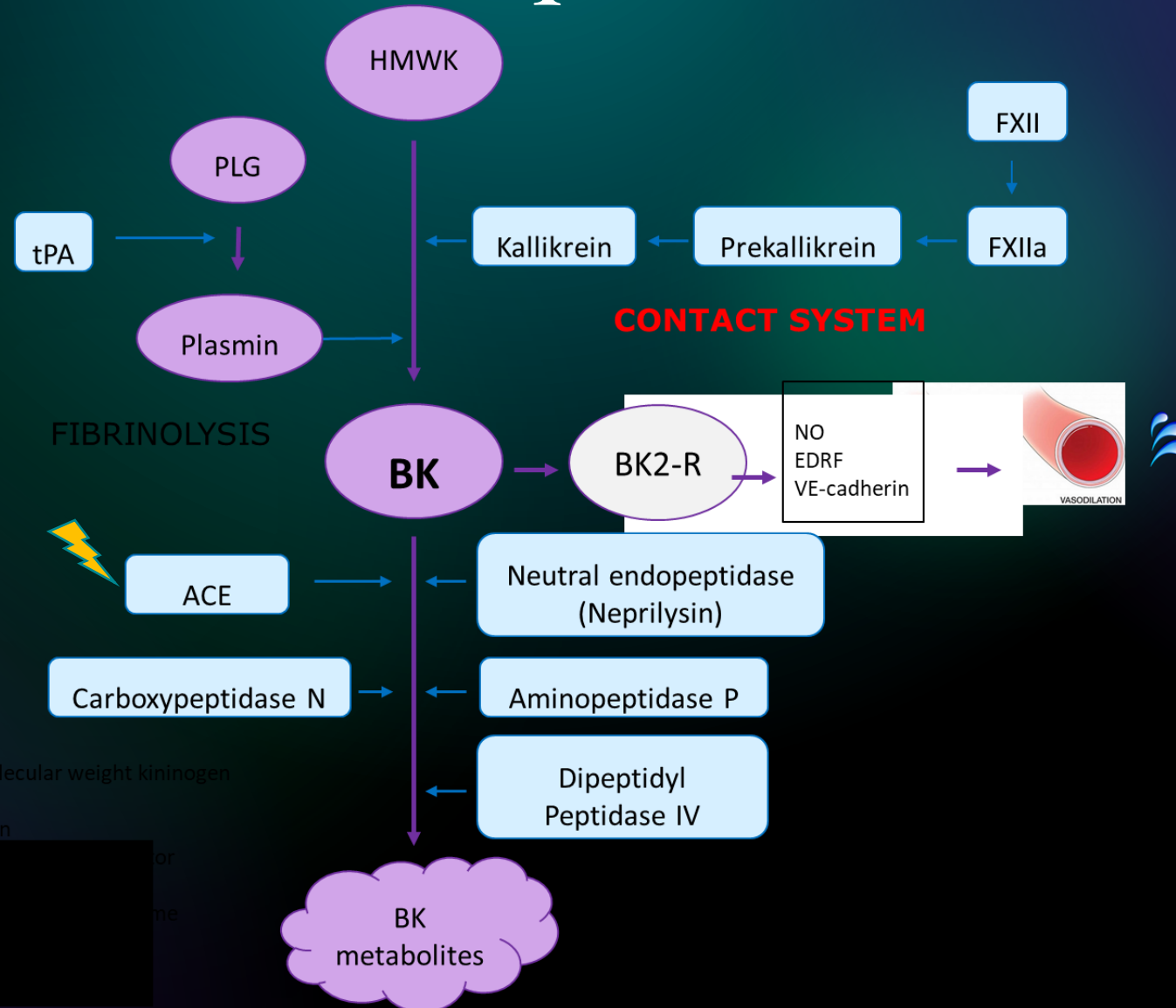


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IDHRs-MC-independent



HMWK: high molecular weight kininogen
FXII: factor XII
PLG: plasminogen
tPA: tissue plasminogen activator
BK: bradykinin
ACE: angiotensin-converting enzyme
Neprilysin: neutral endopeptidase
Aminopeptidase P: aminopeptidase P
Dipeptidyl Peptidase IV: dipeptidyl peptidase IV

Stop intake

IMAGES IN CLINICAL MEDICINE

Disfiguring Angioedema

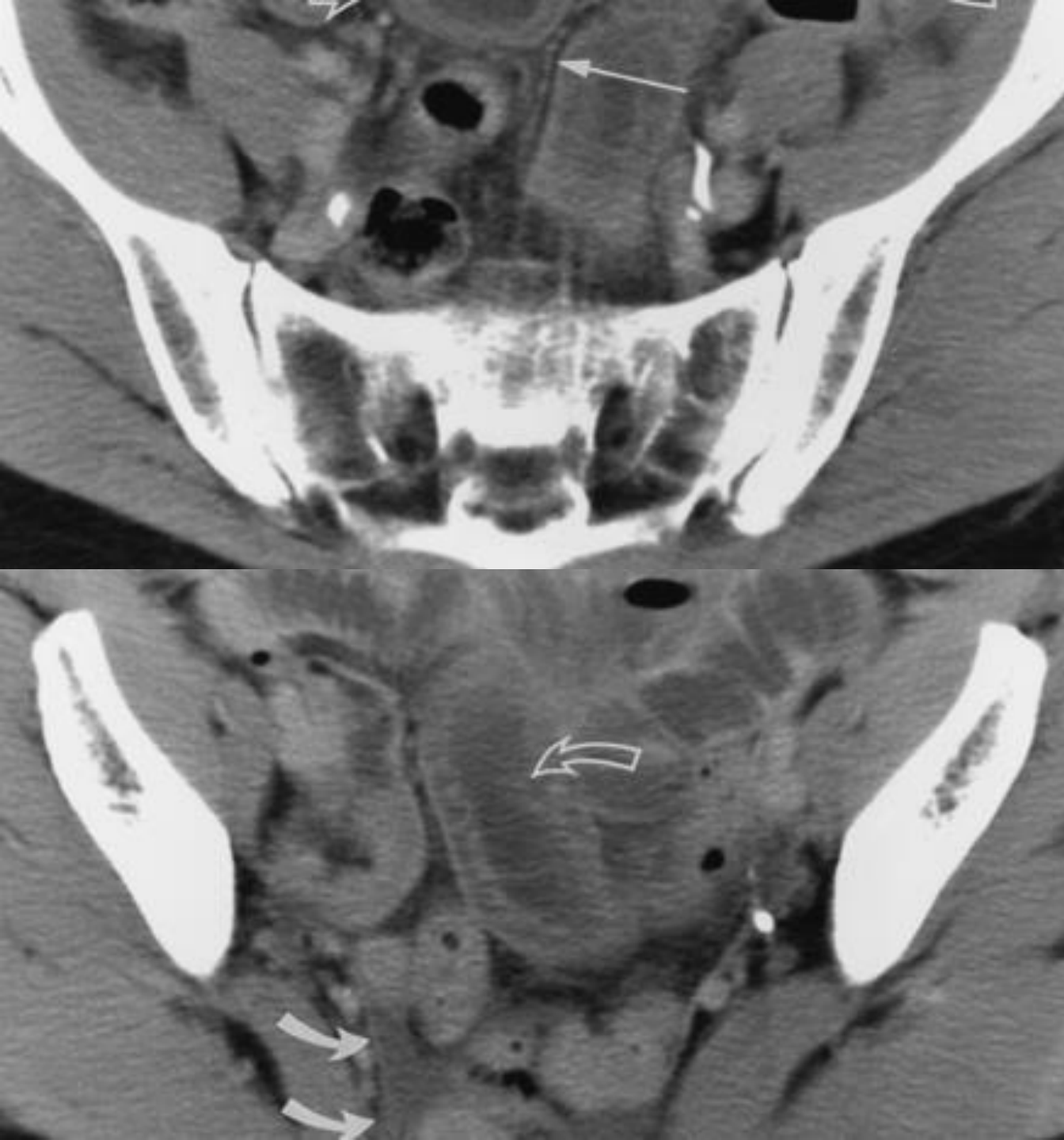


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- 50-year-old woman with ACEi-angioedema of small bowel.
- CT scans show marked bowel wall enhancement with regular thickened mucosal folds (*solid straight arrows, B*),
- clear delineation of different layers of small bowel wall (*open straight arrows, A*),
- and prominent mesenteric vessels (*long thin arrows, A*).
- Fluid accumulation within dilated small-bowel loops (*open curved arrows A, B*) and ascites (*solid curved arrows, B*) are also present.

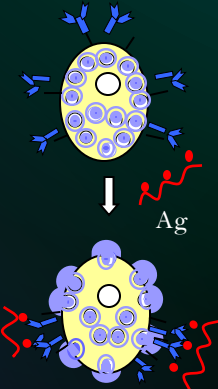
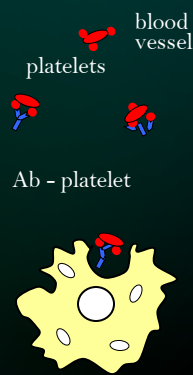
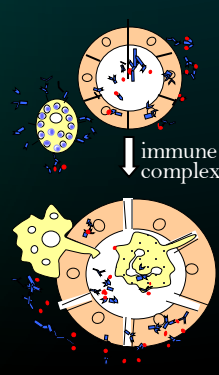
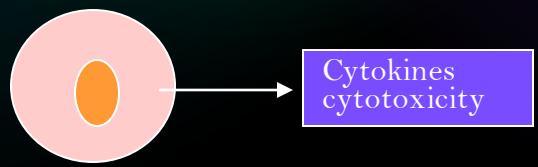
Isolated
angioedema:
check for
ACE-
inhibitors!

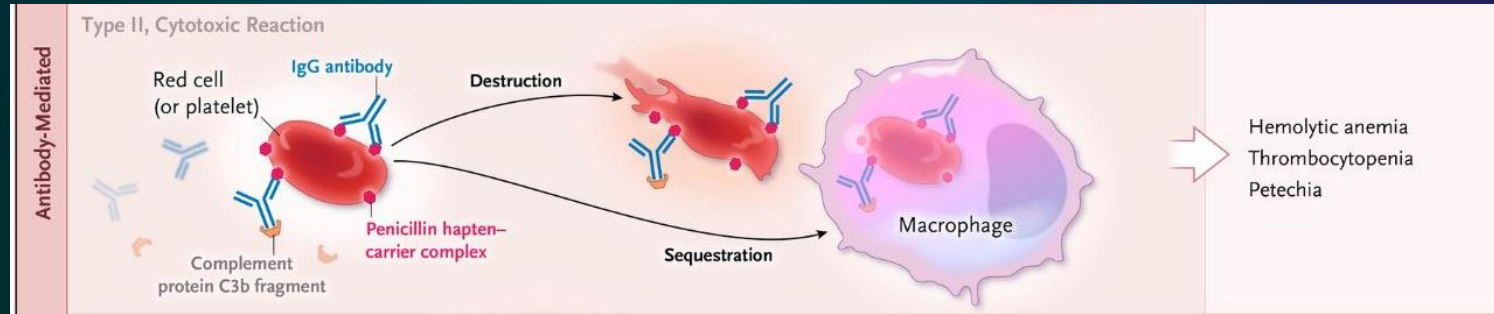




... or get your C4

Drug allergies: classification - II

	Type I	Type II	Type III	Type IV
Immune reactant	IgE	IgG	IgG	T cell
Antigen	Soluble antigen	Cell- or matrix-associated antigen	Soluble antigen	MHC-presented antigen
Effector	Mast-cell activation	FcR ⁺ cells (phagocytes, NK cells)	FcR ⁺ cells Complement	T-cells, via cytokines recruitment of monocytes, eosinophils, neutrophils(?)
				
Clinical picture	Urticaria, Angioedema, Bronchospasm, Cardiovascular collapse, Anaphylaxis	Hemolytic anemia, Thrombocytopenia, Petechia	Small-vessel vasculitis, Serum sickness, Arthus reaction	Maculopapular exanthema, DRESS, SJS-TEN, AGEP



Phase I: Sensitization phase

Production of IgG antibodies

Phase II: Effector phase

Drug binds to surface of certain cell types and act as antigen

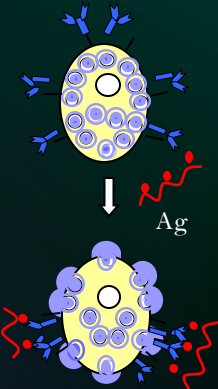
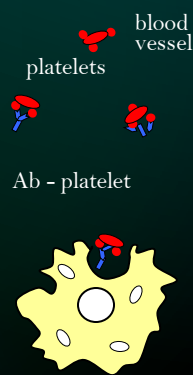
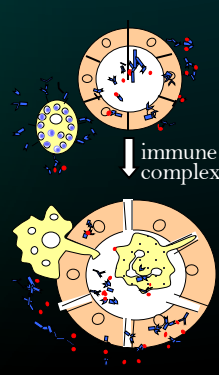
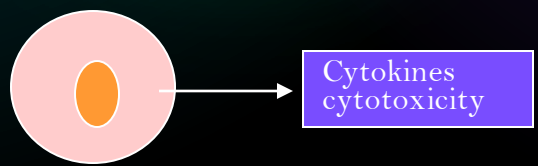
Binding of IgG antibodies to antigen

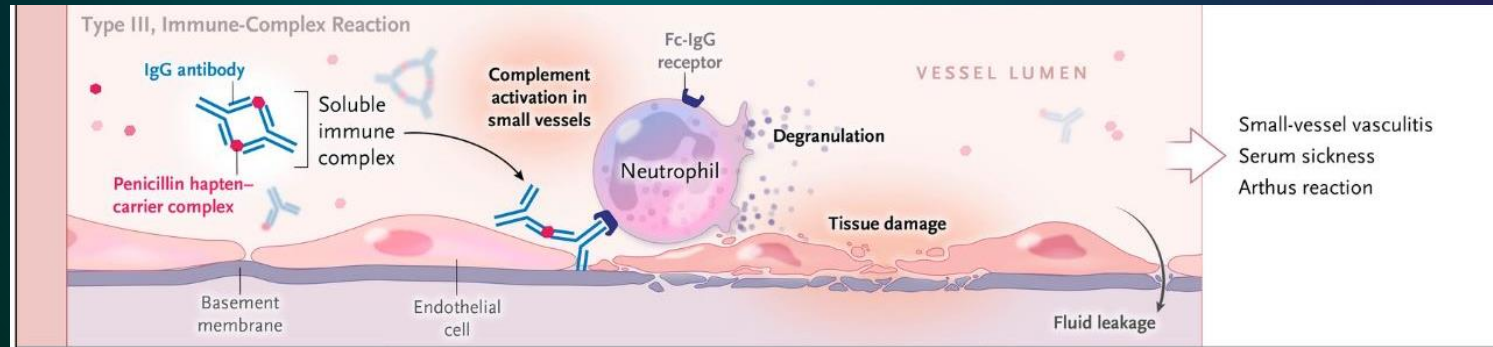
→ Activation complement → lysis

→ Phagocytosis by macrophages or neutrophils

Diagnosis: direct and/or indirect Coombs' test

Drug allergies: classification - III

	Type I	Type II	Type III	Type IV
Immune reactant	IgE	IgG	IgG	T cell
Antigen	Soluble antigen	Cell- or matrix-associated antigen	Soluble antigen	MHC-presented antigen
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Immune complex formation

Drug triggers antibody production

Formation of circulating immune complexes

Immune complex deposition

Circulate and precipitate in various tissues

Inflammatory reaction

Activation of the classical complement pathway

Recruitment of neutrophils and macrophages



Purpura

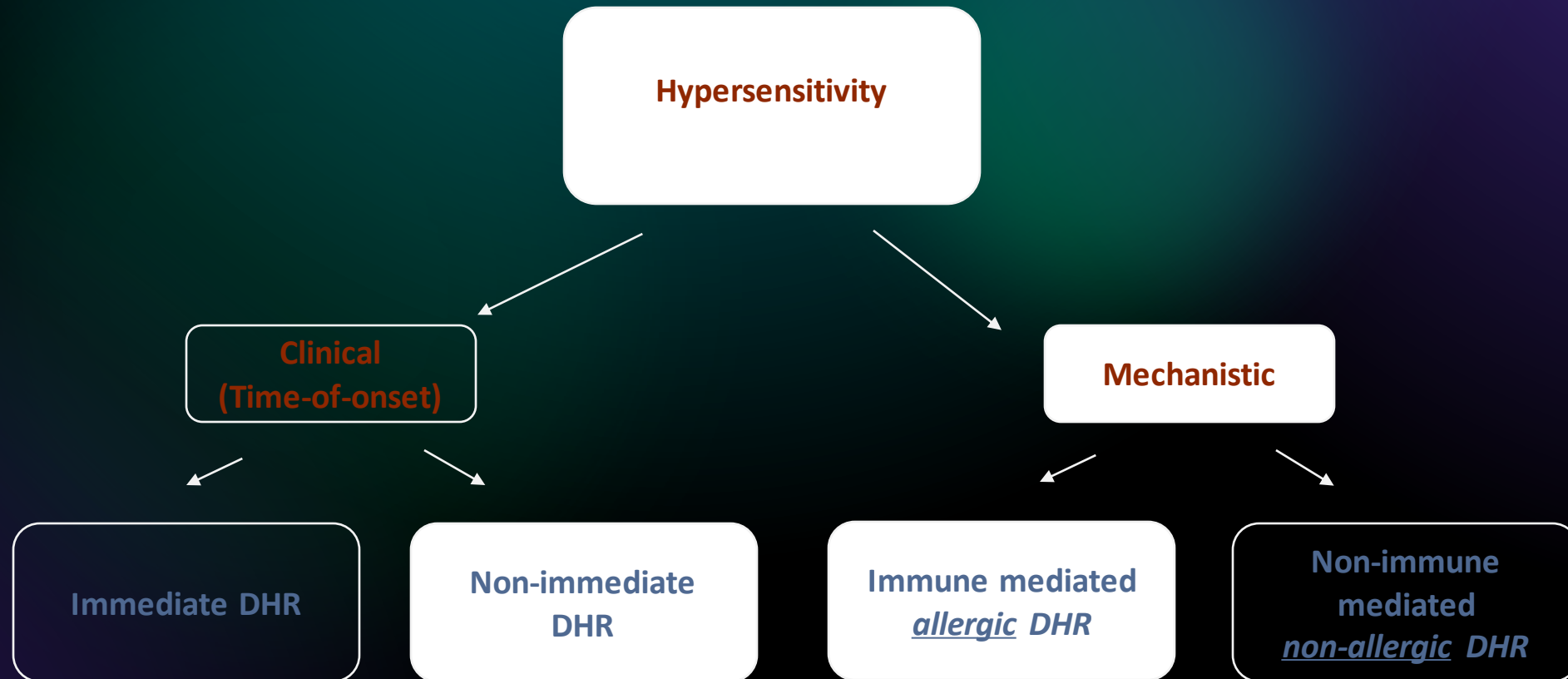
Diagnosis: erythrocyte sedimentation rate, C-reactive protein, complement studies

Castells, NEJM 2019

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NIDHR: mechanisms

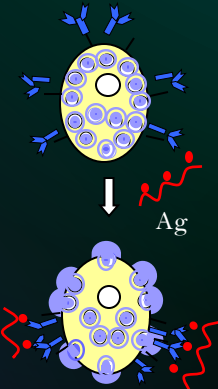
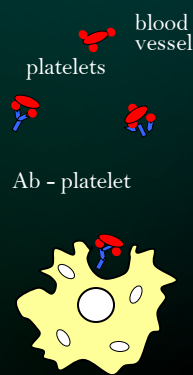
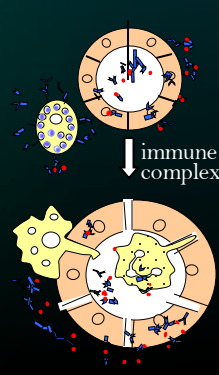
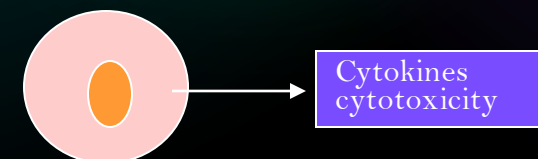


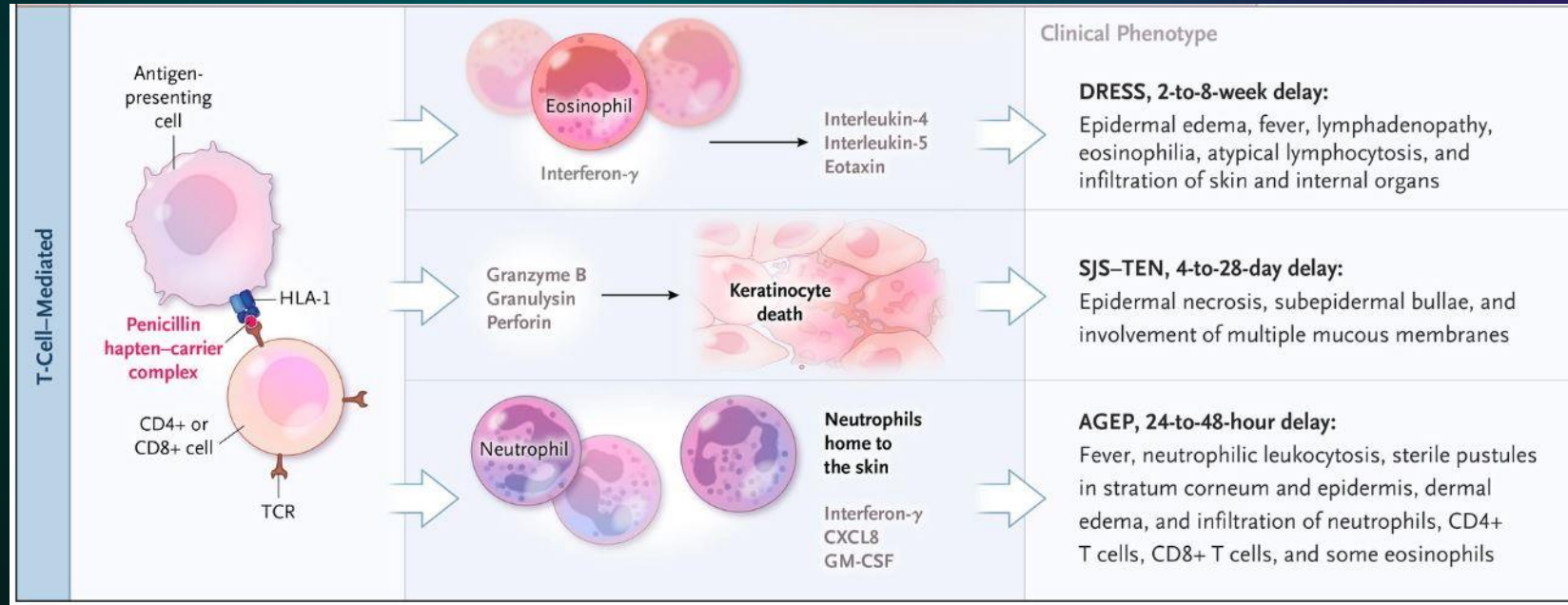
IDHR: immediate drug hypersensitivity reactions

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Drug allergies: classification

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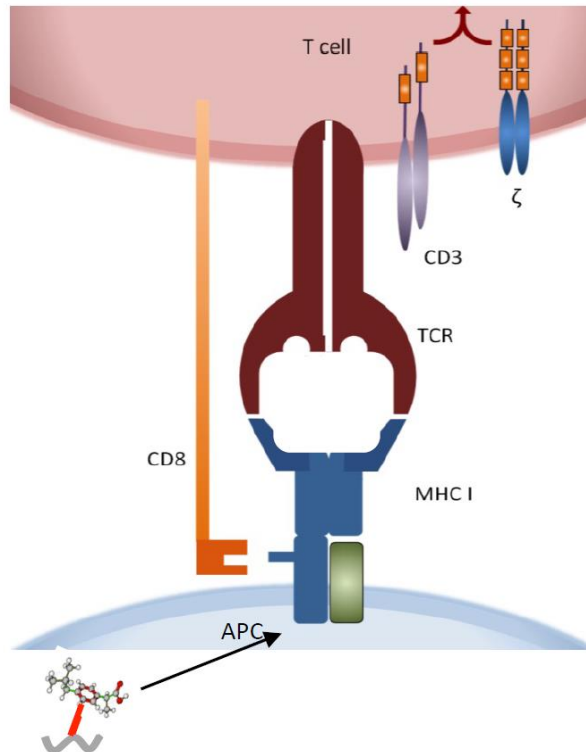


Activation of T-lymphocytes

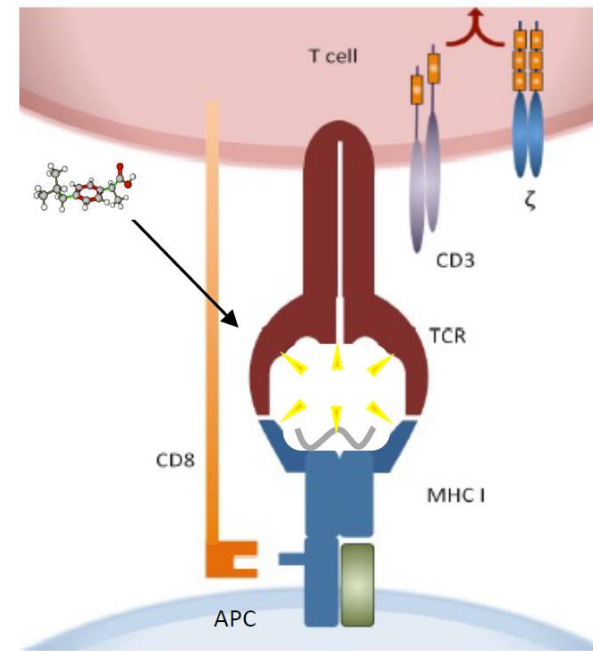
Diagnosis: Delayed readings of patch testing and intradermal testing, “LTT”

Castells, NEJM 2019

Hapten concept



p-i concept (pharmacological interaction with immune receptor)



adapted from Adam et al., Br J Clin Pharmacol., 2011

MPE



SJS-TEN



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DRESS

- Drug reaction
- with eosinophilia
- and systemic symptoms
- (latency 2-8 weeks)

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DRESS: facial swelling



AGEP

Acute generalized exanthematous pustulosis
(24-48 hrs)



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Fixed drug eruption

WARNING SIGNS

Mucosal involvement

Bullae (blisters)

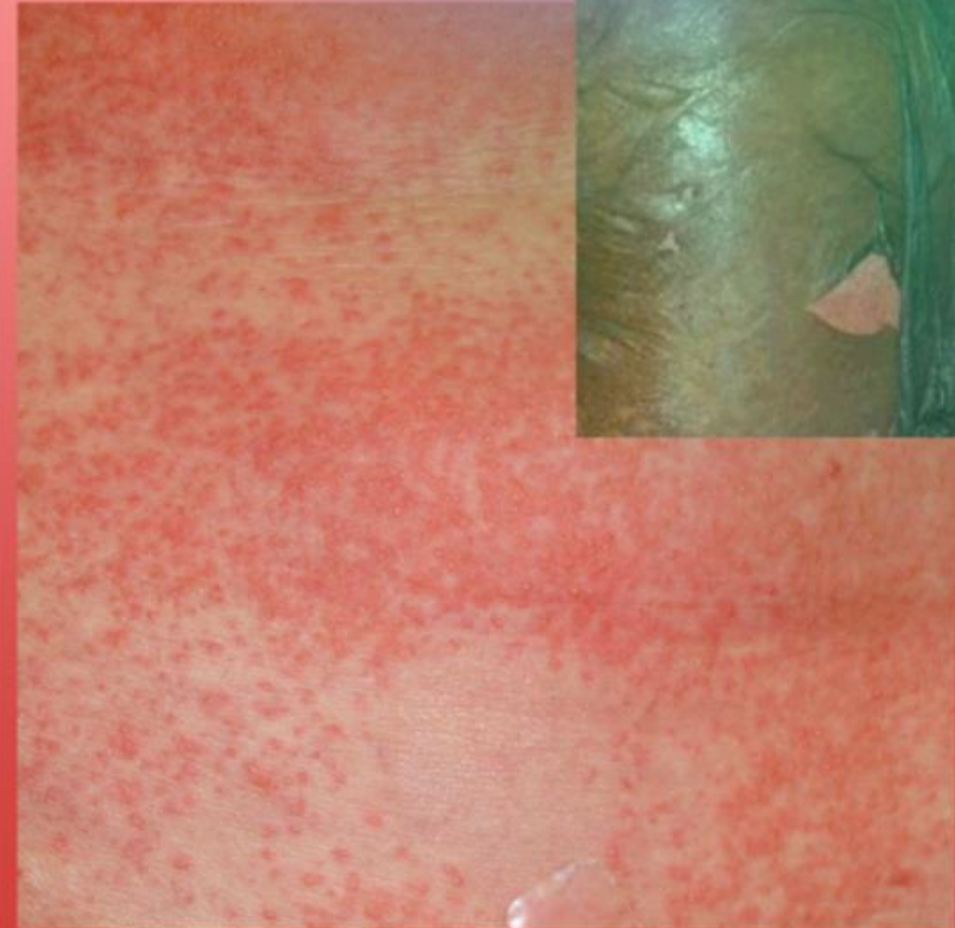
Fever

Systemic signs

Hepatic, renal signs

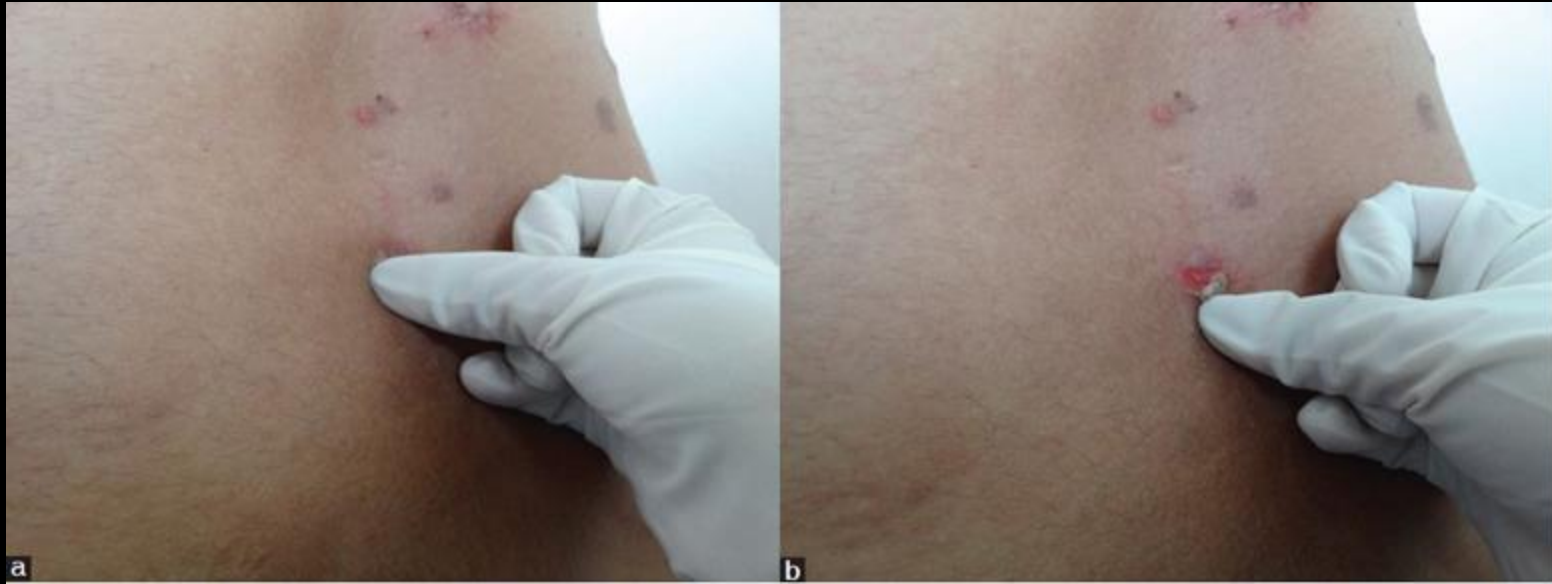
Eosinophilia

delayed



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Nikolsky's sign

Diagnostics

History

- Which agent(s)
 - Generic + trade name (excipients)
- What were the symptoms (pictures)
- When did symptoms start (time-of-onset)
- Was the drug stopped / did symptoms (dis)(re)appear
- First or prior intake (similar)
- Subsequent exposure(s) (similar)
- How was patient treated

Signs & symptoms

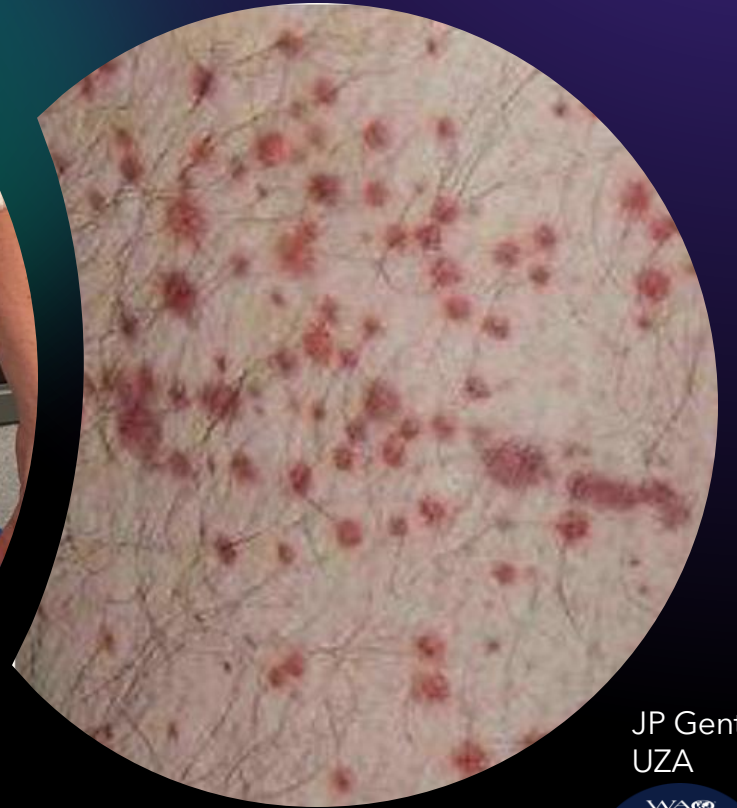
Immediate

- Tryptase
- sIgE
- Skin tests (SPT, IDT)
- BAT
- (p)MAT
- T cells
- DPT

Nonimmediate

- Patch tests
- Skin tests (IDT)
- T cells
- DPT

This is NOT a “rash”







- **DIFFERENT CLINICS**
- **DIFFERENT MECHANISMS**
- **DIFFERENT DIAGNOSTICS**
- **DIFFERENT "THERAPEUTICS"**

Diagnostics

History

- Which agent(s)
 - Generic + trade name (excipients)
- What were the symptoms (pictures)
- When did symptoms start (time-of-onset)
- Was the drug stopped / did symptoms (dis)(re)appear
- First or prior intake (similar)
- Subsequent exposure(s) (similar)
- How was patient treated

Signs & symptoms

Immediate

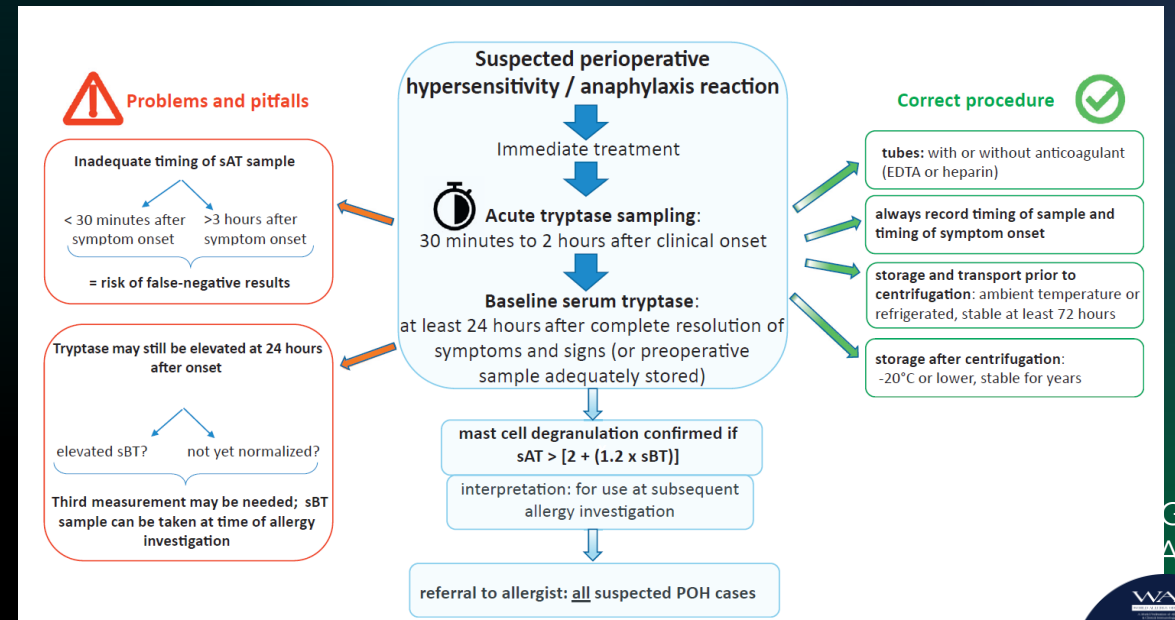
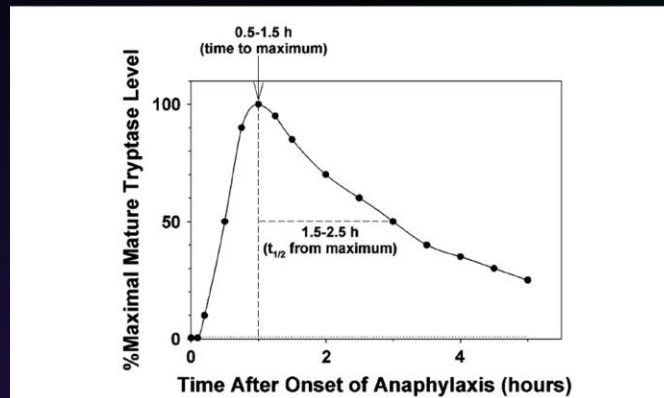
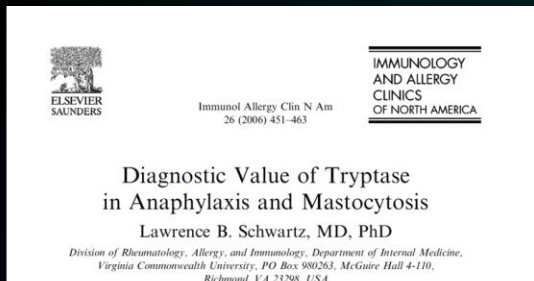
- Tryptase
- sIgE
- Skin tests (SPT, IDT)
- BAT
- (p)MAT
- T cells
- DPT

Nonimmediate

- Patch tests
- Skin tests (IDT)
- T cells
- DPT

Tryptase

- MCA: $1.2(\text{baseline}) + 2$
- $< 11.4 \mu\text{g/mL}$!



IgE



Clinica Chimica Acta 504 (2020) 119–124



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Review

Serum specific IgE antibodies in immediate drug hypersensitivity

Marie-Line M. van der Poorten^{a,b}, Athina L. Van Gasse^{a,b}, Margo M. Hagendorens^{a,b},
Margaretha A. Faber^a, Leander De Puyseleir^a, Jessy Elst^b, Christel M. Mertens^a, Vito Sabato^a,
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Review

Quantification of specific IgE antibodies in immediate drug hypersensitivity: More shortcomings than potentials?

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When 99% is not good enough

M.-L.M. van der Poorten, et al.

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Table 1

Specific IgE to β -lactam antibiotics (β -LABs) (actualised from [77]).

Compound(s)	Reference test	Assay	Sensitivity	Specificity	N ^a	Reference
Various β -LABs	H + ST	CAP-FEIA	BPO + AXO + peni G + AMP: 31.8%	BPO + AXO + peni G + AMP: 88.6%	58	[78]
Various β -LABs	H \pm ST \pm DCT	CAP-FEIA	BPO: 32% AXO: 43% BPO + AXO: 50%	BPO: 98% AXO: 98% BPO + AXO: 96%	129	[79]
Various β -LABs	H \pm ST \pm DCT	CAP-FEIA	BPO: 10–68% AXO: 41–53%	BPO: 98% AXO: 95%	410	[6]
Various β -LABs	H	CAP-FEIA	37.9%	86.7%	58	[80]
Various β -LABs ¹	H \pm ST \pm DCT	CAP-FEIA	0–25% ²	83.3–100% ²	45	[2]
		RAST ²	42.9–75% ²	66.7–83.3% ²		
Various β -LABs	H \pm ST	CAP-FEIA	85% ³	54% ³	176	[11]
		CAP-FEIA	44% ⁴	80% ⁴		
Various β -LABs	H \pm ST	CAP-FEIA	66%	52%	293	[12]
Amoxicillin	H + ST + DCT	CAP-FEIA	19%	NA	57	[81]
Cefazolin	H + ST \pm DCT	CAP-FEIA	49% ⁵	94% ⁵	80	[8]

H: history, ST: skin test, DCT: drug challenge test, N^a: number.

CAP-FEIA: fluorescence enzyme immunoassay available from Phadia Thermofisher. RAST: radio allerge sorbent test.

Peni G: penicillin G, AMP: ampicillin, BPO: benzyl penicilloyl, AXO: amoxicillin.

Note that there is no IgE for clavulanic acid available

¹ Home-made assay.

² Sensitivity and specificity vary according to clinical manifestations.

³ For a threshold of 0.10 kUA/L.

⁴ For a threshold of 0.35 kUA/L.

⁵ According to a sIgE/tIgE ratio of 1.42×10^{-3} (see text).

Pretest probability is 5%

TP: 2-3

FP: > 20-30 (perpetuation)

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LETTER TO THE EDITOR

Allergy WILEY

Prevalence of self-reported and confirmed penicillin allergy in a Belgian outpatient population

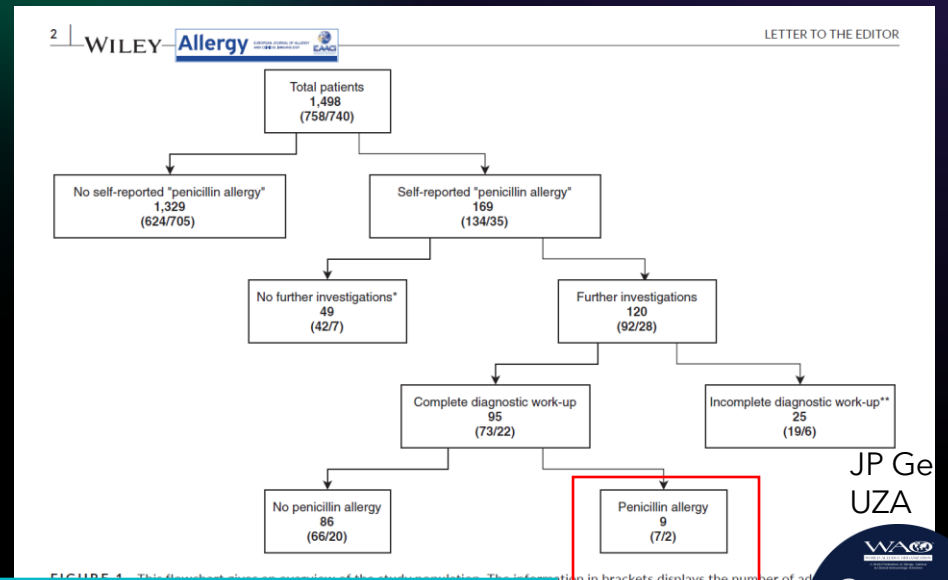


FIGURE 1 This flowchart gives an overview of the study population. The information in brackets displays the number of patients who were included in the study. *No further investigations were planned because either the patient considered the "penicillin allergy" to lack sufficient priority or the allergist decided, based on a thorough history, that the index reaction was not compatible with a DHR (n = 4). **Investigations were postponed for various reasons (eg. pregnancy and intake of antihistamines). In 2 out of these 25 participants, the DC result was positive for penicillin allergy (n = 2). In 23 participants, the DC result was negative for penicillin allergy (n = 23). As both were unwilling to repeat the DC, they were included in the patients with incomplete diagnostic work-up.

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Skin tests



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Immediate readings



Intradermal test results positive for
AX and AM

Patch test results positive for AX
and AM





FDE: patch/IDT
in situ

Fluco
107.
D3
(++)

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- DRUG PROVOCATION
 - NEG TESTS/ALTERNATIVES
 - NO OTHER MEANS
 - (e.g. NSAIDs)

VALUE ADDED

A hand is shown holding a red string, which is stretched across the frame. Above the string, the words "VALUE ADDED" are written in a bold, chalky font. The background is a gradient of blue and white.

World Allergy Organization
Centre Of Excellence

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IDHRs

antigen



sIgE



Basophil

Principles, potential, and limitations of *ex vivo* basophil activation by flow cytometry in allergology: A narrative review

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Basophil and mast cell activation tests by flow cytometry in immediate drug hypersensitivity: Diagnosis and beyond

Jessy Elst^a, Vito Sabato^{a,b}, Marie-Line M. van der Poorten^{a,c}, Athina L. Van Gasse^{a,c}, Michel Van Houdt^a, Chris H. Bridts^a, Mark Walschot^a, Jean-Pierre Timmermans^d, Isabel Pintelon^d, Christel Mertens^a, Didier G. Ebo^{a,b,*}

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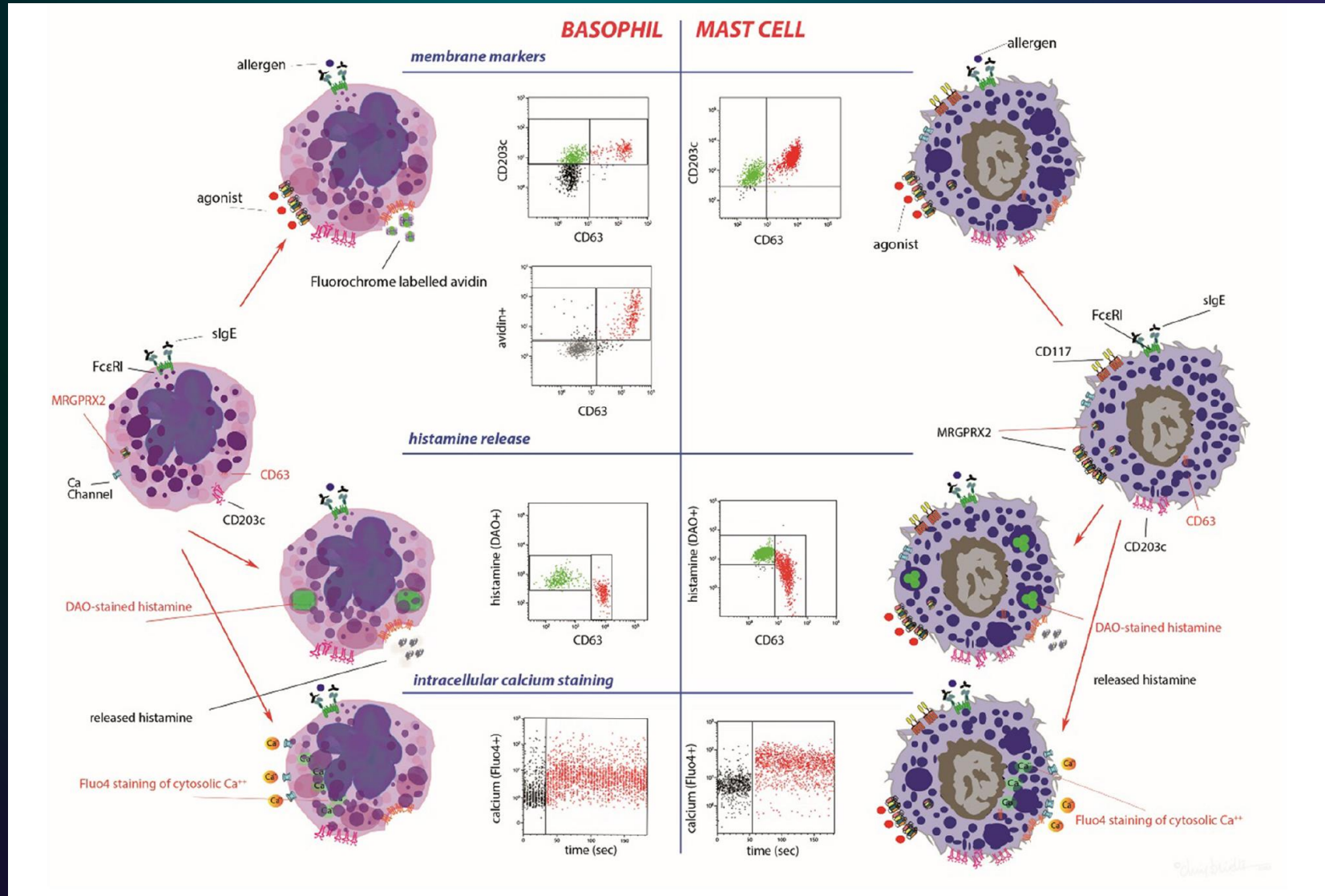
^d Laboratory of Cell Biology and Histology, Department of Veterinary Sciences, University of Antwerp, Antwerp, Belgium

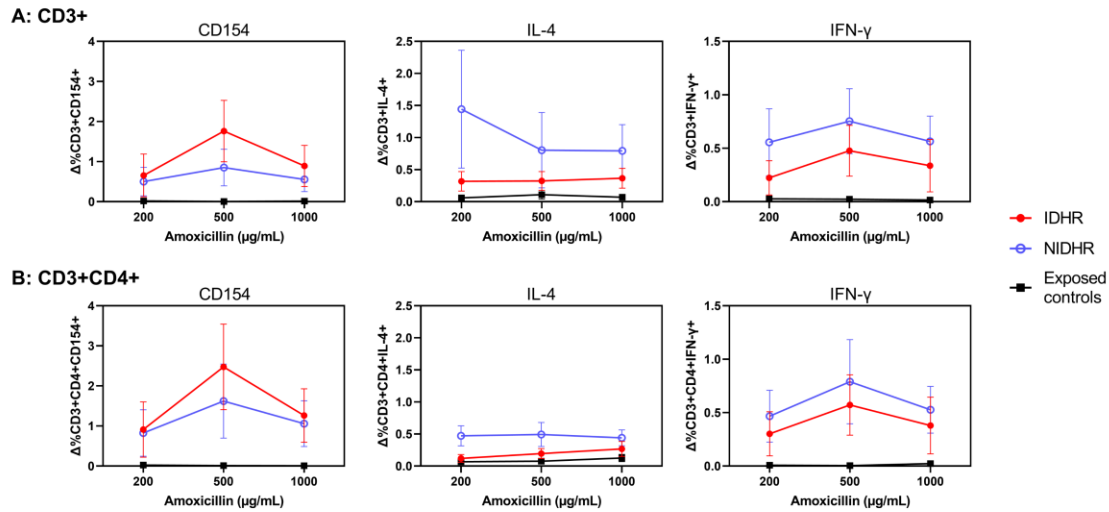
Mast cell activation tests by flow cytometry: A new diagnostic asset?

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(N)IDHRs

T cell phenotyping

Intracellular cytokines

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RESEARCH LETTER

WILEY

CD154 (CD40L): A novel aid to document nonimmediate hypersensitivity to amoxicillin or amoxicillin clavulanic acid

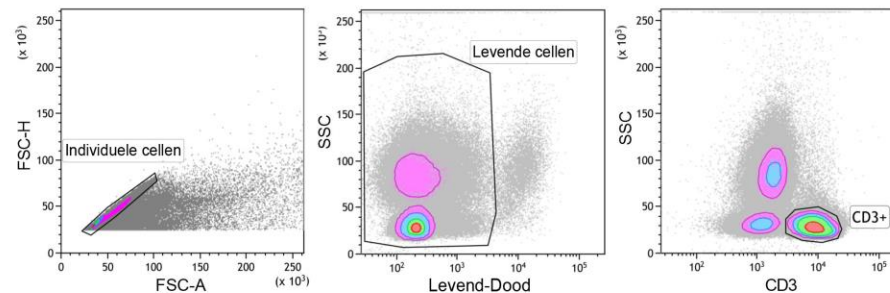
Van Gasse AL et al. CEA 2020

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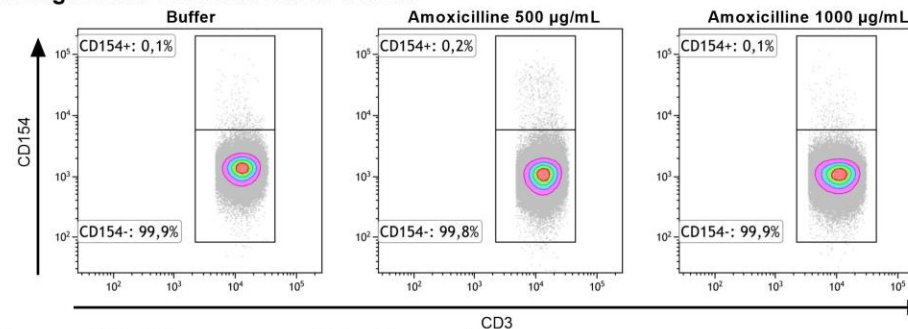


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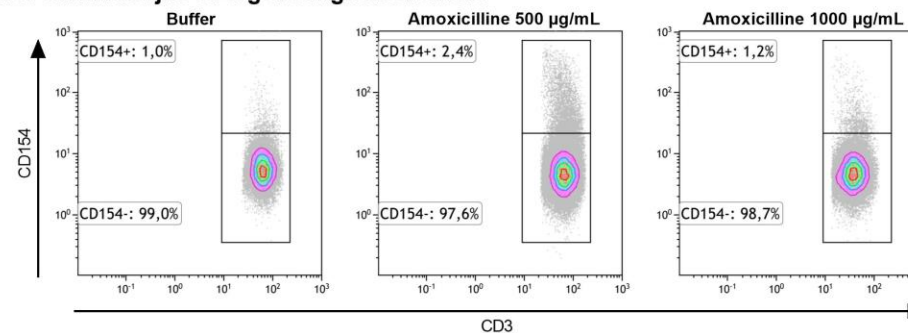
Selectie van T-lymfocyten



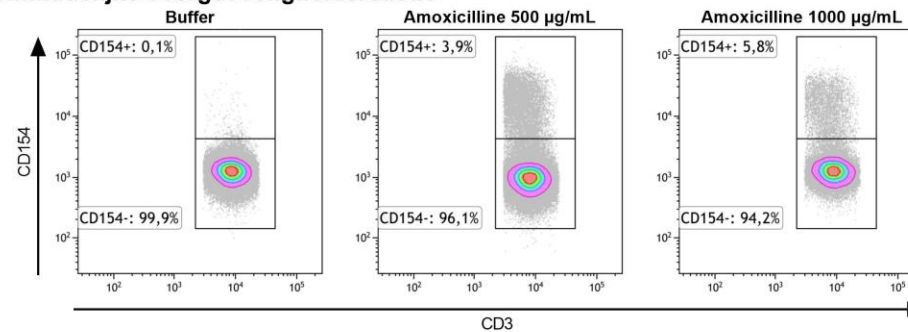
Bloodgestelde controle zonder reactie



Niet-onmiddellijke overgevoeligheidsreactie



Onmiddellijke overgevoeligheidsreactie



is the key

Alvarez-Cuesta et al. *World Allergy Organization Journal* (2022) 15:100640
<http://doi.org/10.1016/j.waojou.2022.100640>



WORLD ALLERGY
ORGANIZATION
JOURNAL

Open Access

Standards for practical intravenous rapid drug desensitization & delabeling: A WAO committee statement

Original Article

“Treating Through” Decision and Follow-up in Antibiotic Therapy-Associated Exanthemas

Axel Trautmann, MD, Sandrine Benoit, MD, Matthias Goebeler, MD, and Johanna Stoevesandt, MD *Würzburg, Germany*

Treatment

- Avoidance (alternatives)
- Desensitization
- Treating through



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